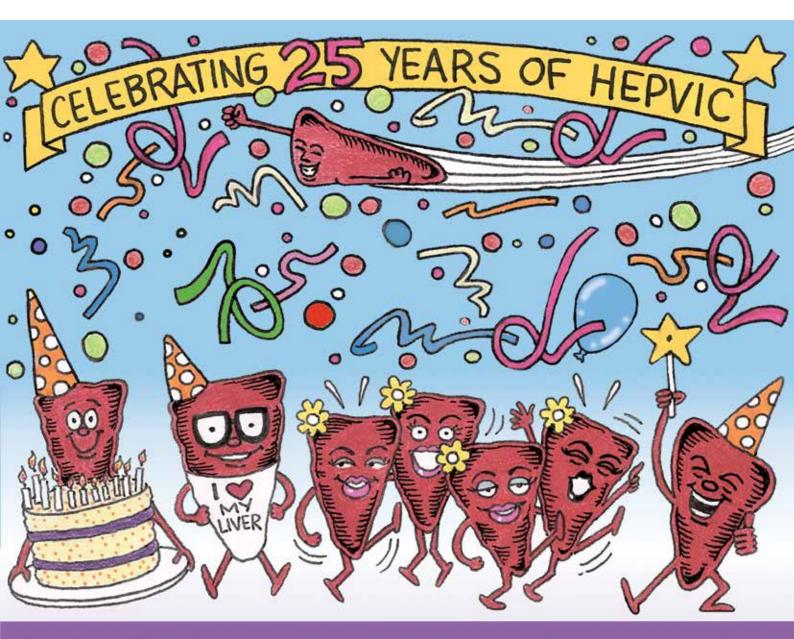
November 2017

# Good Liver



### Hepatitis Victoria's 25th Anniversary event

On Thursday October 19, Hepatitis Victoria celebrated 25 years supporting and advocating on behalf of Victorians living with viral hepatitis with an event near its offices in Brunswick.

# Fighting for better liver health for all:

Good Liver spoke to Hepatitis Victoria CEO Melanie Eagle about Hepatitis Victoria's new Five-Year Strategic Plan for 2017-2022 and her thoughts on the path that lies ahead.

# The sixth international INHSU symposium

Hepatitis Victoria's Health Promotion Project Officer Sione Crawford attended the INHSU conference dedicated to hepatitis C treatment in people who use and inject drugs. Staff

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#### Reader response

Your comments or experiences in regard to any articles in *Good Liver* are welcome. Email: admin@hepvic.org.au

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# Communique

### From the desk of the Chief Executive Officer



ur November edition of Good Liver brings exciting news for Hepatitis Victoria, as we not only mark new strategic directions, but also celebrate 25 years of information, support and advocacy for people living with viral hepatitis.

A fantastic party bringing together many of those instrumental in building Hepatitis Victoria over the years was held on October 19 with a great music line up - Soul Muse, Dili Allstars and The Travellers – Take a look at the pictures; a great night was had by all!

We have certainly come a long way and achieved much during these years. Yet there is still a long way to go as we make people aware of viral hepatitis, and also as we expand our mission to broader liver health in recognition of the many conditions that impact on this vital organ.

There is much to do as we continue to acknowledge and address the serious challenge of viral hepatitis, which impacts around 500,000 Australians, and is a major driver of increasing deaths from liver cancer.

A vital part of our work will continue to be fighting the stigma and discrimination that pose an often-deadly barrier to people seeking treatment that can significantly improve their health, and, indeed, save their lives.

As we begin to address a wider range of liver challenges in our future work, we will not only pursue prevention, testing and treatment, but also work to remove the range of barriers that stand in their way.

This continuing evolution can be seen as the story of our growth and development over the past 25 years.

Beginning in 1992 as a support group for hepatitis C, Hepatitis Victoria grew to offer a full range of services – advocacy, awareness-raising, education, workforce training, and support. These services were then extended to benefit people living with hepatitis B.

As our work and partnerships have grown in the past, we also look to a future of broadening the stakeholders with whom we collaborate – particularly the primary health care services that are so vital in achieving not only the elimination of viral hepatitis, but also

realistically foresee the elimination of both hepatitis B and hepatitis C in Victoria.

Indeed, commitments to elimination at a state, national, regional and even global level are cause for great optimism. However, the investment needed to deliver on these commitments is not yet at a level that will enable them to be realised, and neither has the health system and those working in it sufficiently adjusted or developed the capacity to test and treat to the extent needed to achieve elimination.

Going forward we will continue to need all players – policy-makers, decision-makers, service providers, researchers and, in particular, the communities affected – collaborating to drive the necessary changes.



in helping people with liver disease resulting from conditions other than hepatitis.

Please take the time to explore our new strategic plan, which you will find included with the print version of this edition. For online readers, it can also be found on our website, along with a report card of our achievements under our previous Strategic Plan for 2013–17.

We are proud that our work has contributed to strengthening the response to viral hepatitis to the point where we can now



## De-Livering the news

# Nobel Peace Prize for group founded by HepHero Tilman Ruff

"Like hepatitis B, nuclear war can be prevented and nuclear weapons eradicated," - Tilman Ruff

Hepatitis Victoria was thrilled with the news that HEPHero, Associate Professor Tilman Ruff, (profiled on page 25) the founding chair of the International Campaign to Abolish Nuclear Weapons (ICAN) is the worthy winner of the 2017 Nobel Peace Prize.

A/Prof Ruff is a HepHero for the groundbreaking work he has done in Indonesia and the Asia-Pacific promoting hepatitis B immunisation for infants and everyone else who needs it.

The International Campaign to Abolish Nuclear Weapons (ICAN) has been the main civil society partner working with the 122 governments concluding in a historic treaty to ban nuclear weapons at the United Nations in New York in July 2017.





Read more about why A/Prof Tilman Ruff is a HepHero: www.hepvic.org.au/page/1250/hep-heroes-tilman-ruff

# PODCASTS: The latest from Hepatitis Victoria

Health Promotion Project Officer Sione Crawford recently attended the 6th International Symposium on Hepatitis Care in Substance Users, held in New York.

In a short podcast Sione talks about insights he gained from the symposium, including the vastly disparate ways treatment is provided in different parts of the world, and the United States, and how stigma and ignorance is preventing treatment and killing thousands of people every year. Read Sione's report on page 6.



CEO Melanie Eagle also features in a podcast talking about the new 5-Year Strategic Plan.

Hepatitis Victoria podcasts have been introduced by our new Communications Manager Mark Pearce, who has been producing and editing lifestyle, research and science podcasts for almost ten years.

"My idea is to give everyone wanting to know more about liver disease a new way of engaging with the topic. Short podcasts add rich material and content to our website and are great for sharing our message widely on social media and platforms like iTunes," Mark says.



Find the Hepatitis Victoria podcast collection at: www.hepvic.org.au/podcasts

# Diverse communities and the hepatitis challenge – towards elimination

A large audience attended *Diverse communities and the hepatitis* challenge – towards elimination held in partnership with the Ethnic Communities' Council of Victoria at Parliament House, Melbourne on Monday 24 July.

Clinical, advocate and community perspectives were shared on tackling the disproportionate impact of viral hepatitis on culturally diverse communities. Presentations were made by the Victorian Health Minister The Hon. Jill Hennessy, MP Parliamentary Secretary for Medical Science The Hon. Frank McGuire MP and the Victorian Multicultural Commission Chairperson Ms Helen Kapalos.

There were also compelling and very impressive human perspectives from a discussion of key affected communities with the following excellent speakers:

- Peter Waples-Crowe, Hep Hero, Aboriginal community advocate and artist
- Dr Chris Leung, President, Australian Chinese Medical Association Victoria
- Dr Kudzai Kanhutu, Refugee Health Fellow, Royal Melbourne Hospital
- John Gulzari, HEP Hero, Afghan community advocate
- Demos Krouskos, Director, Centre for Culture, Ethnicity and Health
- Cam Nguyen, Secretary, Australian Vietnamese Women's Association
- Rafaat Gerges, Secretary, Australasia Coptic Society in Victoria



Check out a new dedicated section created on the Hepatitis Victoria website - www.hepvic.org.au/page/1254/diverse-communities

# Dr G Yunupingu leaves beautiful music, and lessons for action on hepatitis B



Dr. G Yunupingu – guitar accompanies a beautiful voice.

Beyond a legacy of profoundly beautiful music, Dr G Yunupingu has helped to focus on the disproportionate impact of hepatitis B on Australia's Indigenous communities. Hepatitis B contracted as a child contributed to the liver and kidney disease that led to his tragically early death. Associate Professor Ben Cowie and colleagues draw some vital lessons in *The Conversation*: theconversation.com/dr-g-yunupingus-legacy-its-time-to-get-rid-of-chronic-hepatitis-b-in-indigenous-australia-81672

### Change Maker for good Melanie Eagle

The Economist Intelligence Unit (EIU) has recognised Hepatitis Victoria Chief Executive Officer Melanie Eagle as one of 18 global 'Change Makers' and innovator for her advocacy efforts to support the hepatitis C community and eliminate the virus.

Melanie has been recognised for her efforts in the technology area for raising,"...awareness of hepatitis C amongst healthcare practitioners with online education tools, and amongst patients with a mobile app to assess liver health."



Read more about her award: www.hepvic.org.au/news/2160/change-maker-for-good-the-economist-recognises-hepatitis-victoria

#### Keynote talks dazzle at Cairns conference



Top Australian experts, Associate Professor Ben Cowie of the Doherty Institute and Professor Greg Dore of the Kirby Institute, gave fascinating and insightful presentations at the Cairns Viral Hepatitis Elimination Conference in September.

Prof Dore's presentation 'On the road to HCV elimination?' showed that the next 2-3 years are crucial if the goal of elimination of hepatitis C by 2030 is to be achieved. "Despite a delayed start, Australia is a leading country in relation to direct acting anti-virals," said Prof Dore.

In his talk 'Hep B: Australian Progress and Challenges' Prof Cowie spoke about the inadequacy of the response to the growing hepatitis B crisis calling it 'unacceptable' and appearing to violate Australia's human rights treaty obligations.

Both Professors have kindly shared their presentations with us.



They are available on the Hepatitis Victoria website: www.hepvic.org.au



INHSU is the only international conference that brings together community members, researchers and clinicians dedicated specifically to hepatitis C

treatment in people who use and inject drugs. As the community in which most new infections occur, this is a critical gathering

is a critical gathering
of expertise. Every
year the conference
has grown – from
around 100
attendees seven
years ago to around
500 this year.

INHSU 2017 was held in Jersey City, USA from September 5 to 8 and Hepatitis Victoria's Health Promotion Project Officer Sione Crawford received a community scholarship to attend.

The community scholarship attendees were given space on the Tuesday before the conference to meet and discuss issues of importance to the community in relation to hepatitis C care.

A community statement was prepared and delivered to the first plenary session the next day reflecting the key concerns of the community members who attended. It is available on the INHSU 2017 website.

"The symposium showcased research with high efficacy and adherence and low reinfection rates for people who inject and undertake treatment," Sione said.

There were also numerous presentations and reports from community based access, peer support and linkage to care projects and research.

"In my talk, I spoke about a range of approaches that have proven effective at engaging peers and community in treatment support and linkages to care. However, it requires resourcing and commitment at all levels and in all places along the continuum and cascade of care to meaningful community engagement," Sione said.





## A number of key messages came through during the symposium:

# 1. User health in general needs to be prioritised alongside hepatitis C

Mark Tyndall, from British Columbia Centre for Disease Control, Canada pointed out that not only are issues such as housing, trauma, poverty more pressing for many users than a hep C cure, we are currently seeing an opioid overdose epidemic in North America that is concurrently raising hepatitis C incidence dramatically.

## 2. There is more to hepatitis C treatment than a cure

Magdalena Harris from the London School of Hygiene & Tropical Medicine spoke about how the non-clinical benefits to hepatitis C treatment that existed for many in the



"In my talk, I spoke about a range of approaches that have proven effective at engaging peers and community in treatment support and linkages to care. However, it requires resourcing and commitment at all levels and in all places along the continuum," Sione said.

interferon era – increased engagement with health systems, personal change – might continue in the direct acting anti-viral (DAA) era, when such supports are no longer available for a treatment perceived to be easier. Carla Treloar from the University of NSW spoke about Patient Reported Outcomes and Experience Measures – both of which are designed to record non-clinical impacts of treatment.

# 3. Direct Acting Anti-viral's (DAA's) are highly effective for people who currently inject and use drugs

Jason Grebely, from the Kirby Institute, and many others presented numerous real-world studies that show unequivocally that people who are using and people in drug treatment respond to treatment as well as any other populations.

"...Real-world studies show unequivocally that people who are using and people in drug treatment respond... as well as any other populations."

# 4. Testing, diagnosis and linkage to care are critical to DAA access-simplified treatment models must be pursued

Victorian nurses Jacqui Richmond and Lucy McDonald showed that nurse-led models of care, wrap around services and meeting people who want treatment where they are in the community are effective strategies that need to be expanded.

# **5.** Globally, DAA restrictions must be addressed if elimination is to be a realistic goal

Very few nations have Australia's unrestricted access models. In parts of the USA urine screens showing six-months abstinence from all drug use or six months in drug treatment must be shown, for instance, before being able to access treatment. This must change if the World Health Organisation goal of elimination by 2030 is to be met. DAA medication prices are lowering globally but they are still used as a reason not to treat people who would otherwise respond to a cure.



# Internal Medicine Journal Article: Reprint

Liver cancer deaths continue to rise in Australia: is elimination by 2030 possible?

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#### Letters to the Editor

Deaths from liver cancer continue to rise in Australia: is elimination by 2030 possible?

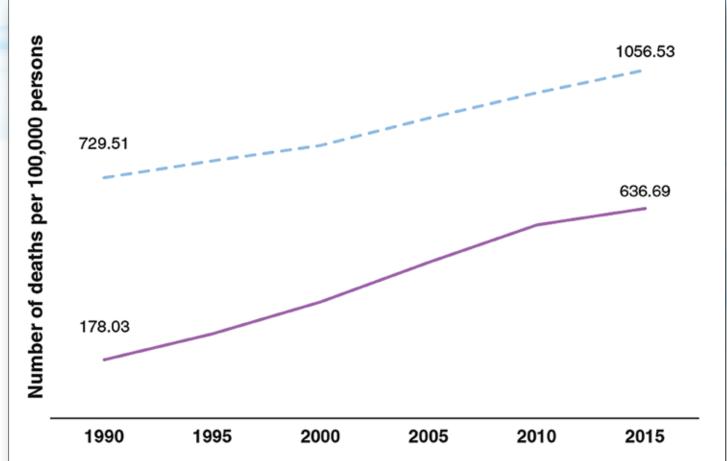
Two recently released data sets highlight the increasing health burden associated with viral hepatitis in Australia, and the importance of scaling up prevention and treatment to avert adverse outcomes in those affected. Estimates from the Global Burden of Disease (GBD) Study 2015 demonstrate a continued increase in deaths attributable to cirrhosis and liver cancer caused by viral hepatitis in Australia (Fig. 1). Of all 167 causes of death in

Australia analysed by the GBD study, liver cancer had the fifth highest annual percentage increase in mortality between 1990 and 2015. While the fact that liver cancer is the fastest increasing cause of cancer death in Australians has previously been highlighted, these GBD findings emphasise the relative importance of liver cancer among all causes of death of Australians. Liver cancer also remains an outlier in the otherwise continued positive progress in cancer prevention and care, and the latest Australian Institute of Health and Welfare cancer report further demonstrates that:

 Liver cancer is projected to climb from the seventh most common cause of cancer death in 2012 to the sixth in 2016;

- In an era of increasing cancer survivorship 5-year survival for liver cancer continues to be lower than all cancers – 16% compared with 67%;
- Liver cancer mortality was three times greater in Indigenous compared with non-Indigenous Australians in 2014.3

For the 443 000 Australians estimated to be living with viral hepatitis,<sup>4</sup> reduction of liver-related mortality is possible with harm reduction, early diagnosis and appropriate treatment. The welcome revolution in hepatitis C antiviral therapy and subsequent listing of these agents on the Pharmaceutical Benefits Scheme (PBS), together with increased availability of effective hepatitis B antivirals, has the potential to reverse the increasing numbers



**Figure 1:** Global Burden of Disease estimates of deaths due to viral hepatitis in Australia.¹ Cirrhosis and other chronic liver diseases due to hepatitis B and C; liver cancer due to hepatitis B and C.

of deaths attributable to viral hepatitis.<sup>5</sup> The first 6 months of direct-acting antiviral therapy on the PBS has seen over 25 000 people treated.<sup>5</sup> Sustained virological response in people living with hepatitis C will reduce their risk of liver cancer however those with cirrhosis will continue to have a significant 5-year risk at 5.3% and ongoing 6-monthly surveillance with ultrasound is recommended.<sup>6</sup> Given that liver cancer is more common in people born overseas<sup>7,8</sup> and liver cancer mortality is markedly greater in Indigenous Australians,<sup>3</sup>

proportion of people living with chronic hepatitis B who have been diagnosed, and triple the number of people receiving antiviral treatment for hepatitis B, in line with National Strategy targets. 9,10 In our region, Australia is uniquely placed to eliminate viral hepatitis as a public health concern. It is vital that we turn this possibility into reality for all Australians living with viral hepatitis, and demonstrate to the world that the goal of elimination is achievable in the coming decades.

Chelsea R. Brown, Nicole L. Allard, Jennifer H. MacLachllan, Ben Cowie. and Monitoring Report, 2015. The Kirby Institute, UNSW Australia, Sydney, NSW, Australia, 2015. [cited 2016 Nov 11]. Available from URL: http://kirby.unsw.edu.au/sites/default/ files/hiv/resources/NBBVSTI% 20Surveillance%20and%20Monitoring%20Report%202015\_0.pdf

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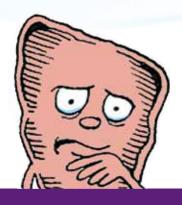
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The critical challenges now are to sustain the early momentum of the new hepatitis C virus therapy era, urgently increase the proportion of people living with chronic hepatitis B who have been diagnosed, and triple the number of people receiving antiviral treatment for hepatitis B, in line with National Strategy targets.

the provision of equitable access to care, including assessment of fibrosis, liver cancer surveillance and treatment for viral hepatitis across Australia is essential to impact on the rising mortality observed in the GBD.

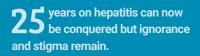
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Hepatitis can now be conquered, but ignorance and stigma remain



On Thursday October 19, Hepatitis Victoria celebrated 25 years supporting and advocating on behalf of the approximately 100,000 Victorians living with viral hepatitis with an event near its offices in Brunswick.

A fantastic party bringing together many of those instrumental in building Hepatitis Victoria over the years was held in the evening with a great music line up - Soul Muse, Dili Allstars and The Travellers – a great night was had by all!

To kick-off proceedings, Doreen Lovett gave a marvelous and emotional Acknowledgement of Country, relating her deep personal experience.

Here are some pictures of the night, the stars, and the winners!



Hepatitis can now be conquered, but ignorance and stigma remain

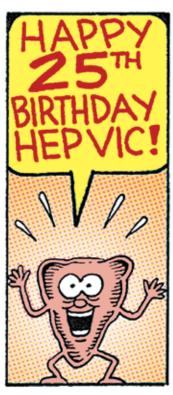


a s part of the event the winners of our annual awards, recognising individuals and organisations who have made considerable and outstanding contributions to the lives of those who are living with viral hepatitis were announced.

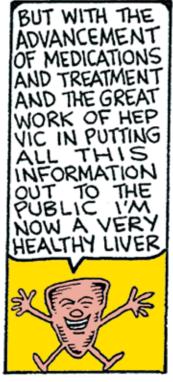
- Mark Farmer Memorial Award:
   2017 winner Pam Wood
- Individual Contribution Award:
   2017 joint winners Dr Jacqui Richmond
   and Dr Peter Higgs
- Organisational Collaboration Award: 2017 winner - North Western Melbourne Primary Health Network

We congratulate the winners along with their fellow nominees. You made the selection panel work overtime!

From tiny beginnings as a volunteer organisation called the Hepatitis C Foundation of Victoria, Hepatitis Victoria has grown into a professional peak body with a state-wide remit and responsibilities to support, advocate and educate about viral hepatitis.









Hepatitis can now be conquered, but ignorance and stigma remain



s part of the celebration event, the excellent MC for the night, HepHero and spoken word performance artist Steven Taylor interviewed Julie Shiels and Rhonda McCaw who were both instrumental in the early foundation years of Hepatitis Victoria.

They talked about the ignorance and struggle people with the virus faced in the early years, and the steps they each took; Julie to create a professional organisation and Rhonda to help establish evidence-based research into the disease.

It was just dreadful... doctors were ill-informed and, for instance, advised women with hep C not to have children. No one knew anything with any consistency. No one knew how dangerous blood could be. People fearedfor their jobs. The level of stigma was high. Julie said.

The Myer Foundation funding eventually enabled us to leverage the State Government into funding the organisation that is now known as Hepatitis Victoria. Since that time the organisation has come a long way, as has the community and industry response to the disease, she said.





Hepatitis can now be conquered, but ignorance and stigma remain



# Fighting for better liver health for all:

The next five years



his edition of *Good Liver* includes a handy pull-out detailing Hepatitis Victoria's new Five-Year Strategic Plan for 2017-2022.

In addition to describing our vision and values, the pull-out describes the five pillars on which we are building our work for all Victorians. These are; improving liver health, supporting and mobilising those affected, stopping stigma, promoting responsive health care and driving Hepatitis Victoria's organisational performance.

There is also a section on the highlights and milestones from the last 25 years.

Good Liver spoke to Hepatitis Victoria CEO Melanie Eagle about the plan and her thoughts on the path that lies ahead. The following are excerpts from a short podcast interview with Melanie available on our website: hepvic.org.au.



#### Why do we need a new Five-Year plan Melanie?

The new plan builds on the work we have already done by exploring all the ways we can assist people with viral hepatitis and improve the community response. We have expanded our remit to include broader liver health issues -people who may have health issues as a result of viral hepatitis as well as those with liver disease as a result of other conditions.



### Why the broader remit?

We have broadened our remit because the new treatments for hepatitis C mean there are people being cured but who still have liver damage and we have to think about how to properly respond to help them.

There are also current and growing concerns from the community about the increase in other liver diseases, particularly alcoholic liver disease. There aren't places for these people to go and no support information, and we would like to respond to those needs.

#### What's your approach to hepatitis B and C in the plan?

We want to be innovative and flexible, providing new ways for people to get information and be supported and informed online. We must be innovative in the digital space and one of the ways will be to create tools so that people can participate in chronic disease self-management. We also want to continue to equip the workforce so that they can support change and empower people to take action.

Our health and community workforce is wellpositioned in their interactions with clients living with, or at risk of hepatitis, they are in a fantastic position to encourage them to be tested and access treatment, and we want them to be part of that change.

Our broad vision is a society without liver disease, one where those who do have it have access to the best treatment... Melanie Eagle

Our broad vision is a society without liver disease, one where those who do have it have access to the best treatment and are well managed.



#### **How is Hepatitis Victoria** going to innovate?

It's a big task, happily we are up to the challenge as the team at HepVic is very committed and courageous, and we are pretty keen to get on with the job.

A lot of this is about learning how to communicate with the at-risk populations in ways that are relevant for them. There are many people in the community who are not yet aware of their hepatitis status and what they need to do about it.



#### What do you see as the biggest challenge in the coming years?

Liver cancer: This is really important for the community to know but very poorly understood. Liver cancer -largely caused by viral hepatitis- is the fastest growing cancer in Australia. It is critical we have a multi-pronged response, including one that is directed by those who are affected and respond immediately to their needs.

Stigma is still a huge barrier. We want to break through the barriers of stigma and ignorance that are critical to overcome.

#### **PODCAST**



Listen to a HepVic podcast recording of the interview with Melanie available on the: hepvic.org.au/podcasts website.

# The AGM and Annual Report



Frank and Kate Slevert

# **HEPReady Workforce Training**

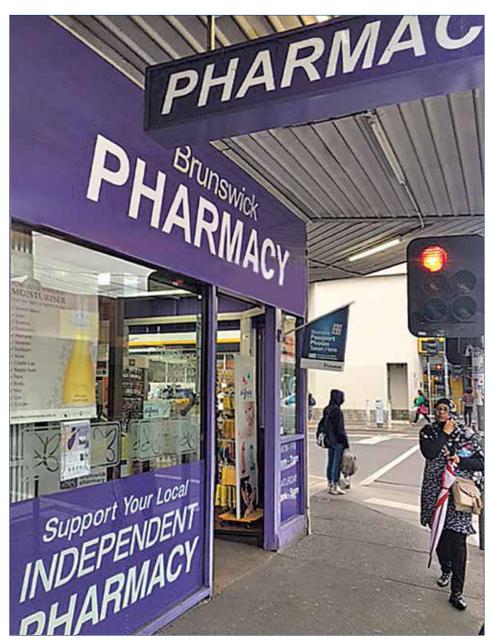
For Pharmacists

Pharmacists are a major health contact point not only for the dispensing of prescriptions but for advice on various health matters. For many of us, they are the first port of call before making an appointment to see the doctor.

Pharmacists are so vital in the campaign to eliminate viral hepatitis. Many Victorian pharmacies are Needle and Syringe Programs (NSPs) where they provide clean fits to people who use drugs. They are also responsible for the dispensation of opioid drug replacement medications. Because of these reasons, pharmacists are in contact with the people who are vulnerable to viral hepatitis; indeed, it's estimated 50% of people who inject drugs will have hepatitis C.

We are determined to reach at least 150 pharmacists in this training project, which we anticipate will have a direct impact on the local communities in treating (and in many cases, curing) people with hepatitis.

A new *HEPReady*<sup>®</sup> workforce training project has begun that focuses on the pharmacist. The project is funded by the *North Western Melbourne Primary Health Network* (NWMPHN), which means that the training is subsidised and will be provided free of charge to pharmacists working in the NWMPHN catchment area.



The CEO of NWMPHN, Adj/Associate Professor Christopher Carter said pharmacists can play a frontline role in reducing stigma and discrimination as well as meeting the World Health Organisation's goal of eliminating viral hepatitis by 2030.

"North Western Melbourne Primary
Health Network is funding this training for
pharmacists in order to provide support,
knowledge and new strategies in order to
better help people living with hepatitis and
liver disease," Adj/Assoc Prof Carter said.

"Pharmacists, as health leaders, can play a key role in reducing stigma and discrimination which is vital if we are to eliminate viral hepatitis by 2030."

A Reference Committee has been established to oversee the project, including the course content. Four pharmacists have been enlisted: Madeleine Hills, Alvin Narsey, Nadera Rahmani and Adrian May. Dr Peter Higgs from La Trobe University and Dr Kudzai Kanhutu from the Royal Melbourne Hospital have joined the Committee as experts in the fields





Pharmacists, as health leaders, can play a key role in reducing stigma and discrimination which is vital if we are to eliminate viral hepatitis by 2030, Adj/Assoc Prof Carter said.

of people who inject drugs and migrant/ refugee health respectively.

The project plan includes producing a series of Z-cards (business card size, six-sided accordion cards) that the pharmacist may hand out to their clients or insert in prescription packages. The three cards focus on different aspects of the hepatitis epidemic: one card will be about hepatitis B, another about hepatitis C, and the third, on safe injecting practices (hepatitis prevention).

We are hoping that the act of the pharmacist handing out the card will initiate a conversation with the client about hepatitis, and encourage the person, if they have not already done so, to be tested and treated.

A trained team of volunteers is visiting pharmacists in the north west of Melbourne region to distribute the Z-cards and invite pharmacists to the professional training which will be conducted primarily online.

Video interviews will be reinforced by a

Participant Guide that contains technical and statistical information about hepatitis B and hepatitis C.

The courses are accredited by the Australian College of Pharmacy, which means that pharmacists will receive 4 CPD points for each course.

In the context of a real pharmacy with the constant stream of clients and other logistical and client relationship constraints, it's not always easy to raise the issue of viral hepatitis. To this end, the training will include a seminar where the practical realities of conveying important messages about viral hepatitis will be addressed and conducted every 6 weeks for both the hepatitis B and hepatitis C streams.

This is an exciting and ground-breaking project, to be conducted over the next 6 months or so. We are determined to reach at least 150 pharmacists in this training project, which we anticipate will have a direct impact on the local communities in treating (and in many cases, curing) people with hepatitis.





Listen to a podcast interview with Reece Lamshed, the *HEPReady* Business Training Manager at:



# Community education projects

### Team reports on progress

The last two years have seen Hepatitis Victoria implementing seven exciting hepatitis B community education projects funded by the Commonwealth Government.

The money was awarded to Hepatitis Victoria after we, and our sister organisations across the country, were invited by Hepatitis Australia to propose projects that would respond to needs in our jurisdiction.

Each of these projects see us working with new communities in different ways and in collaboration with other relevant community and health organisations. Each is designed to provide evidence on how such work might be conducted into the future, and as far as possible for the specific initiative to be self-sustaining.

"These projects have allowed us to take our internal capacity in relation to hepatitis B to a whole new level, with many shared learnings as well as with the staff enriching the organisation's other work and developing new resources," said Lara Kanaef, Hepatitis B Community Education Officer.

The seven projects are:

#### 1 Vietnamese in Conversation

This project embeds hepatitis B education in the Vietnamese community in Victoria by recruiting, educating, resourcing and supporting Vietnamese peer educators.

Vietnamese peer educators are selected by their engagement and commitment with the Vietnamese community either in their work or life. Collaboration with community-based organisations (eg. the Australian Vietnamese Women's Association, AVWA) and city councils are established to embed the program and ensure sustainability.



Vietnamese in Conversation project team in 2017 Lunar New Year/TET Festival

Our first Vietnamese peer educator was successfully recruited through the Liver Health and Viral Hepatitis Awareness information booth at the 2017 Lunar New Year/TET festival in February.

#### 2. Assertive outreach fights stigma

On World Hepatitis Day clients and staff had a great day with homemade salads and burgers for all.

"Clients at HealthWorks really appreciate all the work we do in squashing stigma and discrimination around blood borne viruses. They love being able to participate in projects that give them access to better health," says Lara Kanaef of the Hepatitis B Community Education team.



"When I started as outreach officer for people who inject drugs (PWID) assisting them in gaining access to screening and uptake of hepatitis B vaccination, I could see this project would be successful in fighting the stigma and discrimination around blood borne viruses particularly hepatitis B," she says.

"After working in needle and syringe programs for the last year I was very much aware of not only the myths around hepatitis B transmission but how PWID are often hard on themselves as a result of all the stigma and discrimination they feel from the broader community. While this project has a focus on vaccination uptake and screening, it does it through the important mechanism of building strong trusting relationships with service users and so creating a platform for people to talk openly about their hepatitis B status without the pressure of a doctor or health care worker.

# Community education projects

### Team reports on progress

"We have conducted focus groups and education sessions at 2 different primary drug and alcohol services as part of the resource development and the participants were so passionate about gaining more information around virus transmission and both the acute and chronic stages of hepatitis B," Lara says.

These sessions led to the co-design of a resource that was meaningful, effective and relevant to their community.

The newly-developed resource was formally launched at the hepatitis B themed health promotion month at HealthWorks in Footscray during June 2017. Weekly visits to the site were conducted during June and July. The health promotion activities were successful in creating a safe and open communication platform for PWID to be able to talk freely about their understanding of hepatitis B; and staff were able to work with the community in debunking myths around hepatitis B and addressing stigma and discrimination that unfortunately goes hand in hand with lack of knowledge around the virus.

"At Hepatitis Victoria, we believe everyone has a right to access equal and fair health care but this cannot be done unless we work on building strong, open, trusting relationships mixed with a little sense of humour," says Lara.

### 3. Little HepB Heroes give families a voice



Little HepB Heroes first planning meeting and Sam the LHBH character, and Lien with Adli the illustrator

Little HepB Heroes is a project that is listening to families affected by hepatitis B and giving them a voice in the creation of stories that can help other families living with the condition.

Children from schools and playgroups are supported by their families as they work with an artist to create the story of a Little HepB Hero that will be presented as a book and a digital animation. The experiences of children living with families affected by hepatitis B will inform an

engaging story that offers information in a way that other children can understand it, and offer emotional support for families going through the same experiences. Presented as a story, Little HepB Heroes will demystify hepatitis B so children understand what it is, how it can affect health, and why they don't need to fear it.

Children who read the story will be encouraged to see themselves as Little HepB Heroes, sharing what they have learnt to fill the space of misunderstanding and stigma with stories of understanding, acceptance, and simple information about liver health. It is a vital project because a growing number of young people diagnosed with hepatitis B will be raising children. Little HepB Heroes is not only creating the story now, but also the storytellers vital to addressing the needs of people and families living with hepatitis B.

In an exciting development, a video animation featuring Little HepB Heroes is also in production and will be available in the new year. Look for updates at www.hepvic.org.au/news

# 4. Raising profile among recent arrivals from Afghanistan



This project works with health and community leaders and focuses on Afghani new arrivals as one of the high-risk groups for hepatitis B.

In order to increase their awareness of hepatitis B and its impact, we are working with organisations across Victoria, particularly in the south-east region in order to establish collaborative relations by raising the awareness of the community about viral hepatitis, and work towards sustainable improved responses to hepatitis.

The Afghan community is one of the high-risk groups for viral hepatitis B. There are more than 10, 000 Afghani people living in Victoria and most of them are live in South East Melbourne, particularly the City of Dandenong and City of Casey. After working with this community, we will then be in a position to apply the learnings to work with other newly arrived communities in Victoria,

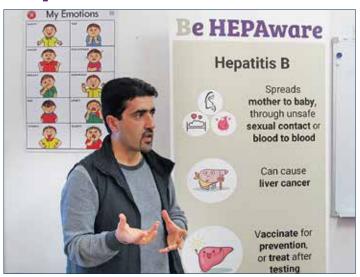
# Community education projects

### Team reports on progress

engaging in a similar way with their leaders and local organisations in order to raise awareness of viral hepatitis.

Given the low literacy rate, particularly the low level of community knowledge regarding hepatitis B and English language barriers, information and resources will be provided by the project to the community in their own languages so they clearly understand the key messages. The project will educate the community members about viral hepatitis and other key issues around testing, transmission, treatment, prevention and vaccination. People with a refugee background and asylum seekers are eligible to get FREE hepatitis B vaccination.

### 5. HepAware in Melbourne's South East



HepAware in Melbourne's South East is a hepatitis B community education project, which uses a regional collaborative approach to raise awareness. The project has established a working group of keys stakeholders in order to coordinate a collaborative approach to raising awareness of viral hepatitis B, and support the World Hepatitis Day events in South East Melbourne.

The project has been working with key involved organisations in the area including Monash Health, South Eastern Melbourne Primary Health Network (SEMPHN), enliven refugee health, Women's Health in the South East (WHISE) and Link Health and Community as well as local councils in order to establish collaborative relationships, raise awareness of the community about viral hepatitis, and work towards sustainable improved responses to viral hepatitis in the region. The project will identify culturally appropriate ways to engage with high-risk communities including refugees and migrants. Resources will be developed in a number of key languages spoken by main high-risk groups.

# 6 Hepatitis B education for Aboriginal people in custody

Aboriginal and Torres Strait Islander peoples and unvaccinated adults in custodial settings are identified as priority populations in the Victorian Hepatitis B Strategy 2016-2020.

The Hepatitis B Education for Aboriginal People in Custody project is focused on these two priority populations.

In consultation with Aboriginal people, a culturally-appropriate training module and associated resources are being developed. These will increase the understanding of hepatitis B generally and specifically increase awareness of prevention, diagnosis and management of hepatitis B for people in custody in Victoria.

Training will be delivered at selected sites such as the Dame Phyllis Frost Centre and Loddon prison. Inmates completing the educational program will then be positioned to use their resulting skills in the roles of Respect the Liver Ambassadors and/or Peer Educators specifically for Aboriginal people in custody.

These ambassadors/educators will be supported by workshops from the Hepatitis Victoria project team to present and communicate with their peers.

### 7. Collaborating in Melbourne's West

Collaborating in Melbourne's West seeks to develop an integrated system response to hepatitis B involving primary health care providers, community health services and the hospital sector. The overall aim is the delivery of a streamlined service to those affected by hepatitis B.

As the suburbs of western Melbourne sprawl out further they remain one of the highest in prevalence for hepatitis B, therefore it is essential that all tiers of the healthcare system work together to cater for this sizeable, culturally and linguistically diverse population.

This project is bringing together representatives from community health services, Western Health, the primary healthcare network and Hepatitis Victoria to establish a working group. Through these networking opportunities, relationships have been established and strengthened, and an informative resource relevant to the services in Melbourne's west has been produced. With newly developed community clinics being established in the region, alongside workforce training on hepatitis B for GP's, this project aims to tackle the various barriers faced by residents living with hepatitis B in western Melbourne and will promote localised, culturally appropriate services with limited waiting lists.

The seven projects are supported by community grants administered by Hepatitis Australia and funded from the Commonwealth Department of Health

### National health crisis:

### liver cancer on the rise as other cancer rates fall



recent article in *The Conversation* by Terry Slevin of the Cancer Council Australia has revealed the looming health threat posed by liver cancer in Australia. The following is an abbreviated version of the article.

The Australian Institute of Health and Welfare's (AIHW) Burden of Cancer report suggests that while rates of other cancers are falling or remaining static, liver cancer is the only "top ten" cancer for which rates increased between 2003 and 2011.

While still not a common cancer, making up less than 1.5% of the 125,000 cancer cases diagnosed in 2013, liver cancer rates have increased fivefold since 1982. Action is required due to the poor five-year-survival rate of less than 20%.

"...the major engine driving increased liver cancer is likely to be the rising prevalence of people infected with hepatitis B and hepatitis C viruses."

# But why are diagnosis rates going up?

Unpublished work in progress, which builds on a series of studies by the Cancer Control Group at QIMR Berghofer Medical Research Institute in Brisbane, suggests liver cancer is caused by five main factors.

Tobacco smoking caused 365 liver cancer cases, or about 21% in 2013 in Australia. Hepatitis C virus contributed to 330 cases (19%) of liver cancer. Hepatitis B virus accounted for 281 cases (16%), alcohol 266 cases (15%) and obesity 451 (25%).

#### What's to blame?

Falling smoking rates suggest liver cancer figures should have been higher in the past. Due to the lag time between when people smoked and cancer diagnosis, tobacco is still a leading driver of liver cancer. Current smoking trends leave us optimistic these rates may drop in the future.

Similarly, alcohol consumption is on a modest decline and is unlikely to explain the increase in liver cancer.

Obesity is a different story. Well-documented increases in overweight and obesity will likely be a driver of liver cancer through the pathways of diabetes and non-alcoholic fatty liver disease, a condition where fat accumulates in liver cells.

But the major engine driving increased liver cancer is likely to be the rising prevalence of people infected with hepatitis B and hepatitis C viruses. Chronic hepatitis causes infection and inflammation of the liver, which can lead to scarring called cirrhosis. In some, this leads to cancer.

Around 450,000 Australians live with either hepatitis B or hepatitis C. The two viruses are passed on in quite different ways.

More than 90% of people with hepatitis B virus were born overseas in countries where the virus is common, such as the Asia Pacific or sub-Saharan Africa.

Meanwhile, injecting drug users dominate the 227,000 people with chronic hepatitis C virus in Australia, making up 57% of those affected.

#### Liver cancer in Indigenous Australians

Aboriginal people are another major group among which hepatitis B virus is endemic and hepatitis C is disproportionately common. High rates of viral infection in these communities (as in any community) are often untreated and tend to persist. This is especially the case when high rates of incarceration, needle sharing and other infection transmission behaviours occur.

While other causes of the disease are also at play, hepatitis rates are likely to be the main culprit to explain disturbing liver cancer rates in Australia's First Nations people. It has become the third-most-common cancer in that group.

# Other cancer deaths expected to rise

Liver cancer is predicted to grow to become the fifth-most-common cause of cancer death in 2020 in Australian men and the sixth-biggest killer in women. This will eclipse melanoma as a cause of death.

#### Averting the 'crisis'

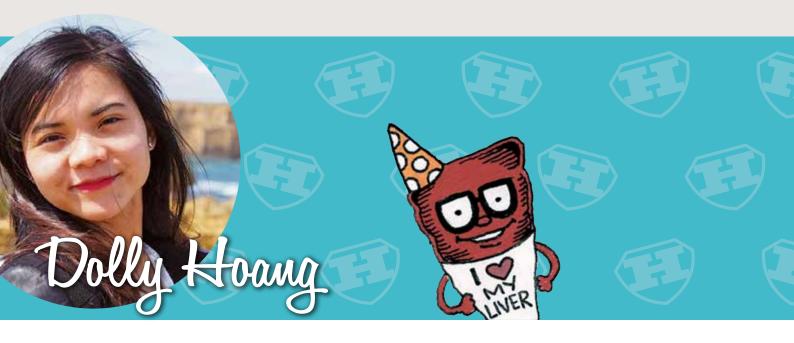
Improved efforts to identify and treat people with hepatitis B and hepatitis C viruses are required to combat liver cancer.

Infant vaccination for hepatitis B virus is making great strides, with participation rates exceeding 90% in general and Indigenous populations. While this is good news, the challenge of reaching inbound migrant communities remains.

Needle exchange programs in prisons and outside are vital strategies to reduce needle sharing – the vehicle for much of the transmission of the hepatitis C virus.

Efforts to reduce smoking, obesity and alcohol consumption are under way, but persistence is vital, especially in Indigenous communities. Tools are available to avert the "liver cancer crisis", but we need to use them.

# Hepatitis Victoria welcomes new HEPHeroes



**K** nowledge is power - I want to be a HEPHero so I can be part of an amazing team who work together to raise awareness and increase knowledge of viral hepatitis among people from the culturally and linguistically diverse communities in Victoria.

I was born in Vietnam where hepatitis infections have reached an alarming rate. Nevertheless, there is limited knowledge and awareness of the disease in the population. I have a Bachelor of Science in Pharmacology, a Masters in International Health Management, and a Masters in Public Health. In my role as a Community Engagement and Projects Officer at the Centre for Culture, Ethnicity and Health, I work with people from refugee and migrant backgrounds around blood-borne viruses (such as hepatitis) and sexually transmissible infections.

Once people have knowledge, they are empowered to support people affected by the disease as well as fight against stigma, judgement and discrimination.

I began working with Hepatitis Victoria as part of my final year placement for my Masters of Public Health to understand more the burden of hepatitis B and C within the Vietnamese community in Melbourne, including the delivery of education sessions with Vietnamese groups and organisations.

I think it's very important to make the information about viral hepatitis more accessible and culturally appropriate for culturally and linguistically diverse

communities. Once people have knowledge of viral hepatitis, they are empowered to make informed decisions about getting testing and treatment for viral hepatitis.



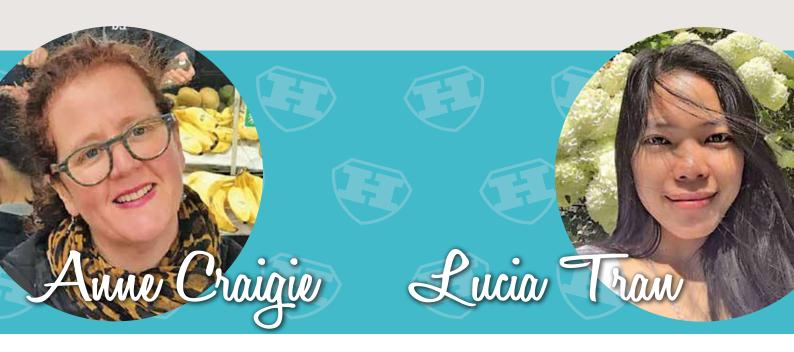


Once people have knowledge, they are empowered to support people affected by the disease as well as fight against stigma, judgement and discrimination.

**Join the Hep Heroes team!** Spread the message and together we can eradicate viral hepatitis.



### **New HEPHeroes**



**I** am a HEPHero because I'm part of an amazing team of clinicians working hard to achieve the goal of elimination of hepatitis in prisons.

I am a nurse who has worked in lots of different health care settings...always seem to end up working in prison health care. Prison patient populations are disproportionately affected by blood borne viruses.

Prison patient populations are disproportionately affected by blood borne viruses... People in prison are primarily the most disadvantaged and vulnerable to the consequences of this stark health inequality.

Working as a nurse in prisons, I can't ignore that over representation, and for me, it makes you look at the whole picture. People in prison are primarily the most disadvantaged and vulnerable to the consequences of this stark health inequality.



Education and open discussion about hepatitis assists in breaking down myths and the resultant discrimination against people with hepatitis. The 'message out' is essential to achieving elimination.

am a HEPHero because I want to contribute my knowledge of reducing the burden of hepatitis and help the community to actively protect themselves.

I am a Vietnamese women doing a Masters of Public Health and I am strongly interested in health research. My background was mixed public health and medicine. In Vietnam, I practised in hospitals and witnessed many people living with hepatitis B and hepatitis C in all stages of the disease. Some were even diagnosed with liver cancer.

Once the community acknowledges the importance of viral hepatitis and how and where to seek help. They will be more responsible for their health.

After graduating, I worked at a vaccination centre where I directly consulted with the community to administer vaccines to prevent diseases, in particular, hepatitis B. With a relatively high rate of hep B and its high risk of turning into cancer, vaccination is certainly the key to preventing the disease.

Once the community acknowledges the importance of viral hepatitis and how and where to seek help. They will be more responsible for their health.



Hepatitis B is preventable and hepatitis C is treatable. It is no reason to discriminate against people with the disease if you know how to protect yourself and your family.

### **New HEPHeroes**



am a HEPHero because I believe people with viral hepatitis have a right to better health and I enjoy my role in this journey.

I became aware of the consequences of chronic viral hepatitis whilst working overseas in developing countries. I was even involved in mass vaccination campaigns that I now realise may have spread viral hepatitis. In emergency situations, these days different technologies and resources are much improved.

In 2001, I moved from the refugee health sector to work with people who inject drugs. I have been an advocate for primary care management of hepatitis C since then and despite opposition from some within the tertiary sector have persevered. Until 2016 the numbers our team at Health Works have treated have been minuscule.

I am a HepHero because I believe people with viral hepatitis have a right to better health and I enjoy my role in this journey.

The evolution of the Direct Acting Antivirals for the treatment and cure of hepatitis C has made the eradication of hepatitis C within reach. Our work needs to continue to ensure all people who inject have expanded access to safe injecting equipment, hepatitis B vaccination and HIV prevention measures.

The message that there is safe, effective, short duration treatment of hepatitis C needs to be common knowledge in all communities, not just in communities that are more directly affected by the epidemic. I really feel that there needs to be a coordinated whole-of-Australia awareness campaign.

Using those from affected communities such as people who inject or people from countries of high viral hepatitis prevalence to inform and assist in the development and implementation, will ensure that messages are sensitive, relevant and de-stigmatising.

The biggest barrier to the success of current campaigns and treatment initiatives is the enormous stigma associated with both hepatitis C and hepatitis B.

Whole of population education and increased engagement of the health and social welfare sectors with affected groups such as injecting drug users would increase treatment uptake and also assist in the long-term engagement with health providers around an issue that is about achieving a positive health outcome i.e. the cure of hepatitis C or the optimal management of hepatitis B.

Australia has a major role to play in showcasing our commitment and assisting our neighbours. I have learnt so much from the people I see in clinic and also from approaches to communicable disease health promotion in Asia and Africa. We can share our knowledge and experiences and work together towards eradication of hepatitis C and improved management of hepatitis B.



Viral hepatitis is everyone's business. We all have a role to play in the prevention of viral hepatitis through our actions in society and/or as a worker. It is only through collective action and breaking down stigma and discrimination that we will decrease the burden of viral hepatitis.

### **New HEPHeroes**



**I** am a HEPHero because I've had the privilege of being involved pretty much from the beginning in promoting the use of the extraordinarily effective and safe vaccine against hepatitis B. Initially the vaccine was costly and hardly used. The immense burden of hepatitis B and its consequences were poorly understood.

Now I have the pleasure of seeing the remarkable control of hepatitis B which can be achieved even in countries with very high rates of infection in little more than a decade when high rates of immunisation are achieved among infants, starting at birth.

I trained as an infectious diseases physician, and began working in travel medicine, public health and preventive medicine, enthralled by the amazing power of vaccines and immunisation. Currently I'm Associate Professor at the Nossal Institute for Global Health at the University of Melbourne, and for over 20 years I've been the international medical advisor for the Australian Red Cross.

My main work in recent years has been on the urgent global health imperative to ban and eliminate nuclear weapons, the most acute existential threat we face. I'm a co-president of International Physicians for the Prevention of Nuclear War, which won a Nobel Peace Prize for its work.

I was the founding chair of the International Campaign to Abolish Nuclear Weapons, which has been the main civil society partner working with the 122 governments which concluded a historic treaty to ban nuclear weapons at the UN in New York in July 2017. ICAN was awarded the 2017 Nobel Peace Prize for its endeavours in October. Like hepatitis B, nuclear war can be prevented and nuclear weapons eradicated.

In the late 80s I became involved at the invitation of Professor lan Gust, a wonderful mentor, in the first rollout of hepatitis B immunisation in Indonesia, figuring out how to deliver a birth dose to babies who were mostly born at home. We showed it could be done effectively and safely, and be a platform for delivering other important elements of postnatal care for mothers and newborns.

The lessons we learnt were applied across Indonesia, with more than 5 million babies born each year. Then for about 20 years I assisted national immunisation programs in Pacific island countries with hepatitis B control and more broadly, working with WHO and UNICEF.

Now I serve on an expert committee on hepatitis B control for the Western Pacific Region of WHO, helping countries check how their immunisation and hepatitis B control programs are going and working with them to figure out how to make them work better.

There is still a lot to be done to utilise the powerful vaccine we have most effectively, and get it to everyone who needs it, in time before they become infected. We've also learnt a lot about how to look after people living with hepatitis B, monitor and treat them, and protect their susceptible contacts.

Because the diagnosis requires a blood test, and the infection may not be evident, there are still many people who don't know they're infected and so can't access appropriate care. Hopefully we'll have better tools for treatment in not too many more years.

Some of the antivirals that are central to treatment are also important in prevention, such as in preventing infants being infected from their mothers around the time of birth.



PODCAST: Listen to an interview with Tilman on Hepatitis Victoria's website: www.hepvic.org.au



Learn about hepatitis B, prevent it with timely immunisation for all infants and everyone else who needs it. For those living with hepatitis B, accessing good monitoring and care is important and only possible if people know they're infected. That means dealing with stigma that is still too common.

# Healthy food swaps

If you are asked for help and support, like me the chances are the answer is yes. But when it comes to your liver that can't ask but may need the help, try these simple swaps in recognition of all the hard work our liver puts in.

#### Simple and easy food-swaps to keep healthy

In diet terms the liver plays a central role in all metabolic processes in the body. When metabolising fat, the liver breaks down the fats and produces energy.

#### Milk chocolate to dark chocolate

Dark chocolate contains less than half the sugar of milk chocolate.

Dark chocolate also contains beneficial antioxidants and tastes great.

#### White rice to brown rice

White rice is simply a refined starch. Any of the original nutrients have been largely removed. Do better for your body and go to brown. It's full of fiber, easier to digest, and will make you feel fuller.

#### White bread to wholegrain

Removing the bran in white bread also removes key nutrients, including vitamins, minerals, healthy fats, protein, and fibre. Go to wholegrain and reap the benefits.

#### Cheddar cheese to cottage cheese

100 grams of Cottage cheese has 98 calories – which is surprisingly low for cheese. Standard cheddar has 402 calories per 100 grams. In comparison, that sounds a lot.

#### **Granola to oatmeal**

Granola tastes great but it's loaded with sugar. In comparison oatmeal on its own seems fairly boring but you can jazz it up. Honey is an example that adds sweetness.

#### Fried chips to roasted sweet potato wedges

Now this will take a little longer than the bag variety. Cut as you would for chips and coat sweet potatoes with a light spray of olive oil. Spread in single layer on prepared baking sheet. Bake until tender and golden brown for about 20 mins. Lightly salt as a reward for all that work you put in.

#### **Butter to avocado**

Avocado is the go to for vegans and they put avocado to good use baking recipes and use in body moisturizer. I keep it simple and use as a replacement to butter in salad rolls.

#### Yogurt to sour cream

A straight up substitution to use in cakes and slices.

#### Tortilla wraps to lettuce wrap

Now this one is hard to get around, but think about the taste of a Vietnamese spring roll without the lettuce leaf. Not as good at all!



#### 1. Lead an active lifestyle

Being physically active can decrease your chance of developing serious conditions such as diabetes and heart disease, and helps prevent a range of other conditions. If you have a chronic condition such as heart disease, high blood pressure, diabetes or arthritis, you can improve the condition by exercising safely.



#### 2. Maintain a healthy weight

If you weigh too much or too little it certainly can be bad for your health. It can even cause serious conditions, such as heart disease and cancer.

- 3. Don't smoke
- 4. Don't drink
- 5. Eat a balanced diet
- 6. Keep hydrated
- 7. Get enough sleep
- 8. Maintaining good personal hygiene
- 9. Managing stress
- 10. Have a positive outlook

# Hepatitis Victoria's Stigma and Discrimination Forum

Exploring the complexities of hepatitis-related stigma and discrimination from personal and professional perspectives

Sunday the 3 December is International Day of Disabled Persons 2017. Although not well known, hepatitis B and C are disabilities as defined by discrimination law. To recognise this day, Hepatitis Victoria is hosting a forum addressing hepatitis-related stigma and discrimination... Come along and learn from people's personal and professional experiences of stigma and discrimination.

**Time:** 9:30am – 12:30pm

Date: Thursday 7 December, 2017

Location: Yarra Room, Level 2, Melbourne Town Hall,

Corner of Collins and Swanston Streets Melbourne VIC 3000

Do you have a good understanding of behaviours that can be stigmatising? Do you know when stigmatising behaviours become discrimination, legally?

Would you know what to do if you, or someone you know, experiences stigma, discrimination or privacy breaches?

Event registration is free!: www.hepvic.org.au/events Please RSVP by Monday 4th December

#### **HEPATITISVICTORIA**

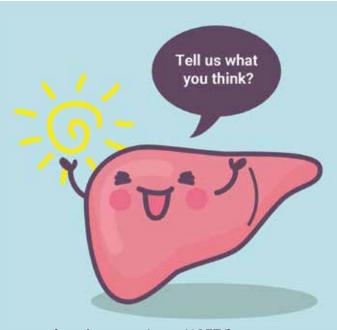
# We're doing all the talking... now we'd love you to tell us what you think.

Hepatitis Victoria wants to ensure we are communicating with you in the best possible way, providing information that is useful in all the formats you want.

- Do you read Good Liver Magazine, HepChat or engage with our social media platforms and websites?
- How do you find them?
- Can they be improved?
- Are you interested in podcasts, video, blogs or more social channels?

We are very keen to hear what you think is the best way for us to listen and talk to you. Please take a moment to tell us what content you enjoy and what you'd like to see more of...?

You can fill in the short survey on our website, or if you prefer we can send you a hard copy of the survey to fill in.



www.hepvic.org.au/page/1257/have-your-say

Contact Mark Pearce on 03 9385 9107 or Shaun Knott on 03 9385 9106

# Liver clinics and liver specialists

#### Albury

Albury Community Health - Hepatitis Clinic 596 Smollett Street, Albury Contact: (02) 6058 1800

Fax: (02) 6058 1801

#### Bairnsdale

Bairnsdale, Regional Hospital, Specialist Consulting Rooms

122 Day Street, Bairnsdale Contact: (03) 5150 3478 Fax: (03) 5150 3404

Ballarat

**Ballarat Health Services** 

577 Drummond Street North, Ballarat

Contact: (03) 5320 4211 Fax: (03) 5320 4097

**Ballarat Community Health** 

12 Liliburne Street, Lucas Contact: (03) 5338 4500

Bendigo

Bendigo Health

Lucan Street, Bendigo Contact: (03) 5454 8422 Fax: (03) 5454 8419

Bentleigh East

Moorabin Specialist Centre (Private)

873 Centre Road, Bentleigh East Contact (03) 9579 0100 Fax: (03) 9563 7554

Berwick

76 Clyde Street, Berwick Contact: (03) 9796 1500 Fax: (03) 9796 1300

Box Hill

**Box Hill Hospital** 

8 Arnold Street, Box Hill 3128 Contact: (03) 9895 3352 (OPD)

1300 342 255 (General)

Caulfield South

Caulfield Endoscopy (Private)

544 Hawthorn Road, Caulfield South

Contact: (03) 9595 6666 Fax: (03) 9595 6611

Email: info@caulfieldendoscopy.com.au

Clayton

Southern Health Monash Medical Centre

246 Clayton Road, Clayton Contact: (03) 9594 6666 Fax: (03) 9594 6111

Email: outpatient.enquiries@monashhealth.org

Coburg

John Fawkner Private Hospital (Private)

275 Moreland Road, Coburg Contact: (03) 9385 2500 Fax: (03) 9385 2170

#### Cranbourne

Cranbourne Integrated Care -

Monash Health

140 - 154 Sladen Street; Cranbourne

Contact: (03) 5990 6789 Fax: (03) 5990 6350

East Ringwood

Maroondah Hospital - Eastern Health

Davey Drive, Ground Floor Outpatients.

East Ringwood

Contact: (03) 9879 1570

Email: outpatients@easternhealth.org.au

Eltham

(Dr.Tony, Dr Michealson, and weakly visiting

Hepatitis C nurse Rhonda O'Malley)

1170 Main Road, Eltham. Contact: (03) 9496 6846

Fax: 9496 2732

Email: Rhonda.o'malley@austin.org.au

**Epping** 

Northern Hospital

185 Cooper Street, Epping Contact: (03) 8405 8000 Fax: (03) 8405 8761

**Epping Medical Centre** 

230 Cooper Street Contact: (03) 8401 1777 Fax: (03) 8401 1788

Fitzroy

St. Vincent's Hospital

35 Victoria Parade, Fitzroy Contact; (03) 9288 3771

Fax: (03) 9288 3489

Footscray

Western Hospital

148 Gordon Street, Footscray Contact: (03) 8345 6666 Fax: (03) 8345 6856

Frankston

Peninsula Liver Clinic (Private)

141 Cranbourne Road, Frankston

Contact: (03) 9770 0139

Fax: 9781 2644

Geelong

University Hospital Geelong

292-322 Ryrie Street, Geelong Contact: (03) 4215 1396

Fax: (03) 4215 1385

155 Guthridge Parade, Sale.

Gippsland

**Central Gippsland Health Services** 

155 Guthridge Parade, Sale Contact: (03) 5143 8600

Heidelberg

**Austin Liver Clinic** 

145 Studley Road, Heidelberg Contact: (03) 9496 2787 Fax: (03) 9496 2732 Malvern

Victorian HepatoPancreato

**Biliary Surgery Group.** (Private)

29/183 Wattletree Road, Malvern

Contact: (03) 9508 1222 Fax: (03) 9509 1522

Cabrini Hospital (Private)

183 Wattletree Road, Malvern Contact: (03) 9508 1222

Fax: (03) 9508 1098

Maroondah

Maroondah Hospital -

Eastern Health (Outpatients)

Ground Floor, Davey Drive, Ringwood East

Contact: (03) 9895 3333 Fax: (03) 9895 4852

Melbourne

Alfred Centre, Gastroenterology Department

Ground Floor, 99 commercial Road, Melbourne

Contact: (03) 9076 2223 Fax: (03) 9076 2194

Melbourne City Gastroenterology (Private)

Mailing address: Melbourne City

Gastroenterology PO Box 2159

Royal Melbourne Hospital Contact: 1300 700 789

Melbourne East

Melbourne GI & Endoscopy (Private)

130-132 Grey Street, East Melbourne

Contact: (03) 9417 5306

Mildura

Mildura Base Hospital

231-237 Thirteenth Street, Mildura

Contact: (03) 5022 3333 Fax: (03) 5033 3228

Mitcham

Mitcham Private Hospital - consulting rooms

(Private)

23 Doncaster East Road, Mitcham

Contact: (03) 9210 3146 Fax: (03) 9210 3139

Moonee ponds

Moonee ponds Gastrolab (Private)

Suite 1, Level 1,

28 Young Street, Moonee Ponds

Contact: (03) 9331 3122 Fax: (03) 9331 3133

Moonee Valley Specialist Centre (Private)

Private Facility, including Fibroscan.

Ground Level

767 Mt Alexander Road Moonee Ponds

Contact: (03) 9372 0372

Parkville

Royal Melbourne Hospital, Infection Diseases

Department, OPD

Ninth floor, 300 Grattan Street (Corner of Royal

Parade), Parkville Contact: (03) 9342 7212

Fax: (03) 9342 7277

### **Contacts**

### Community-based Hepatitis C Treatment Services

#### Prahran

Alfred Hospital, Infectious Diseases Department 55 Commercial Road, Prahran Contact: (03) 9076 6081 Fax: (03) 9076 6528

#### Preston

Victorian Aboriginal Health Services Wednesdays 9.00-4.00pm 238-250 Plenty Road Preston Phone: 9403 3300 for an appointment or drop in.

#### Richmond

The Epworth Centre (needs referrals) Suite 7.6 Erin Street, Richmond Contact: (03) 9428 9908 Fax: (03) 9421 3432

#### Shepparton

Goulburn Valley Health Outpatients Graham Street, Shepparton Telephone: (03) 5832 3600 Fax: (03) 5831 6032

#### Springvale

Springvale Community Health – Monash Medical Centre 55 Buckingham Avenue, Springvale Contact: (03) 9594 3088

#### Traralgon

Latrobe Regional Hospital Private Consulting Suites 3 and 4 Princes Highway, Traralgon West. Contact: (03) 5173 8111 Fax: (03) 5173 8097

#### Wantirna

Knox Private Hospital – consulting rooms (Private) 262 Mountain Highway, Wantirna Contact: (03) 9210 7300 Fax: (03) 9210 7301

#### Warrnambool

Western Region Alcohol and Drug Centre (limited hepatitis treatment services) 172 Merri Street, Warrnambool

Contact: 1300 009 723 Fax: (03) 5564 5700

#### West Heidelberg

Banyule Community Health Centre 21 Alamein Road, West Heidelberg. Contact: (03) 9496 6846

#### Wodonga

Murray Valley (Private) Hospital Nordsvan Drive, Wodonga. Contact: (02) 6056 3366 Fax: (02) 6056 3466

Gateway Health

155 High Street, Wodonga Contact: (02) 6022 8888 Fax: (02) 6024 5792 Community based treatment clinics have been developed to enable more people to access treatment in their local communities.

#### Rallarat

Ballarat Community Health 12 Lilburne Street, Lucas Contact: (03) 5338 4500

#### Braybrook

Braybrook Community Health Service cohealth Contact: (03) 9448 5507 107 - 139 Churchill Avenue, Braybrook

#### Coburg

St. Kyrollos Family Clinic 2A Moore Street, Coburg Contact: (03) 9386 0900 Fax: (03) 9386 5388

#### Coburg

Uniting Care Re Gen 26 Jessie Street, Coburg Contact: (03) 9386 2876

#### Collingwood

Community Health)
365 Hoddle Street, Collingwood
Contact: (03) 9448 5528
Email: info@cohealth.org.au

coHealth (formerly North Yarra

#### cohealth INNERSPACE

4 Johnston Street, Collingwood Contact (03) 9448 5530 Email: info@cohealth.org.au

### Fitzroy cohealth

75 Brunswick Street Fitzroy Contact: (03) 9411 3555

#### Footscray

#### Health Works

4 -12 Buckley Street, Footscray Contact: Contact: (03) 9448 5511

#### Footscray

#### cohealth

78 PaisleyStreet Footscray, Tel: (03)9448 5502.

#### Frankston

SHARPS, NSP + Community health Drop in/NSP Service Monday-Friday 9.00-5.00 20 Young Street, Frankston Contact: (03) 9781 1622.

NSP Outreach Service 1800 642 287. 6.30pm – 9.45 pm then phones off but deliveries till 10.00 -10.30 pm

Alfred Hospital Hep C Nurse visits Tuesdays 9.00–5.00 – pathology, fibroscans links for treatment and GPs.

#### Melbourne

Living Room, Youth Projects (Hepatitis programs – Thursdays every fortnight) 7 – 9 Hosier Lane, Melbourne Contact: (03) 9662 4488 Email: livingroom@youthprojects.org.au

#### Nunawading

Nunawading Clinic 176 Springvale Road, Nunawading Contact: (03) 9878 9191 GP available Monday and Tuesday 8.30-5.00 Friday 8.30 – 12.00

#### Richmond

North Richmond Community Health (Hepatitis C nurse visits every Wednesday) 23 Lennox Street, Richmond Contact: (03) 9418 9800 Email: nrch@nrch.com.au

#### St. Kilda

St Vincent's Integrated Hepatitis C Service 60 Barkley Street, St. Kilda Contact: (03) 9534 0531

#### FIRST STEP

42 Carlisle Street, St Kilda Contact: (03) 9537 3177 Doctors with hepatitis knowledge available daily. Hepatitis Nurses available only on Monday and Friday. Pathology and Fibroscans available on site.

### Access Health

31 Grey Street, St Kilda Contact: (03) 9076 6081

St Vincent's Integrated Hepatitis C Service 60 Barkly Street, St Kilda Contact: (03) 9534 0531

#### Warragul, Morwell, Sale

La Trobe Community Health Service, Hepatitis C Nurse 1800 242 696

#### Werribee

Werribee Mercy Hospital consulting suites 300 Princess Highway, Werribee Contact: (03) 9386 2259

#### Wodonga

#### Gateway Health

155 High Street, Wodonga. 3690 Contact (02) 6022 8888. NSP Hours: Monday–Friday 9.00–5.00 Hepatitis C Clinic Monday, Tuesday Also provide: Pharmacotherapy prescriber

### **Contacts**

### **Needle and Syringe Programs**

#### Alexandra

Alexandra Community Health Services -**Needle Exchange Program** 

12 Cooper Street, Alexandra Contact: (03) 5772 0900 Fax: (03) 5772 0919

Email: alexandrachs@humehealth.org.au

Martin Didzy's Pharmacy

8 Harrington Square, Altona

Contact: (03) 9398 1309 Fax: (03) 9398 1309

#### Altona Meadows

Isis Primary Care

330 Queens Street, Altona Meadows

Contact: (03) 8368 3000 Fax: (03) 9360 7534

#### Apollo Bay

**Otway Health & Community Services** 

75 McLachlan Street, Apollo Bay Contact: (03) 5237 8500 Fax: (03) 5237 6172

Email: otwayhealth@swarh.vic.gov.au

#### Ararat

**Priceline Pharmacy** 

119 Barkly Street, Ararat Contact: (03)5352 1007

#### Bairnsdale

Bairnsdale Community Health Centre -

Needle and Syringe Program

48 Ross Street, Bairnsdale Contact: (03) 5152 0222 Email: email@brhs.com.au

NSP 8.30 - 4.30 Monday - Friday

Bairnsdale Community Health Centre -

Emergency Department offer needles 24/7

51 Day Street, Bairnsdale Contact: (03) 5150 3333

Fax: (03) 5152 6784

Email: email@brhs.com.au

#### Belgrave

Inspiro Community Health Service

1624 Burwood Highway, Belgrave

Contact: (03) 9738 8801 Fax: (03) 9739 4689

Email: hello@inspiro.org.au

#### Belmont.

Barwon Health -

**Needle and Syringe Program** 

1-17 Reynolds Road, Belmont

Contact: (03) 4215 6800 Fax: (03) 4215 6839

Email:

receptionbelmont@barwonhealth.org.au

#### Benalla

**Benalla Community Health** 

45 Coster Street, Benalla

Contact: (03) 5761 4222

Fax: (03) 5761 4502

Fmail:

communityhealth@benallahealth.org.au

#### Bendigo

Bendigo Central Secondary NSP

Bendigo Community Health Service 171 Hargreaves Street, Bendigo

Contact: (03) 5448 1600

After hours:

Bendigo Community Health Service

Mobile Outreach NSP Tuesday-Saturday

7.30-10.45pm

Contact: 1800 636 514

Bendigo Community Health Service

Mobile Drug Safety Worker 13 Helm Street, Kangaroo Flat

Contact: 0409 326 460

#### Bentleigh East

Bentleigh Bayside Community Health,

Glen Eira Site

2A Gardeners Road, Bentleigh East

Contact: (03) 9575 5333 Fax: (03) 9579 3623

Email: info@bbch.org.au

#### Blackburn South

Priceline Pharmacy Blackburn

109 Canterbury Road, Blackburn South

Contact: (03) 9877 2525 Fax: (03) 9877 2522

#### Braybrook

cohealth, Braybrook Community Centre

107-139 Churchill Avenue, Braybrook

Contact: (03) 9334 6699

Fax: (03) 9312 3507

#### Broadmeadows

Dianella Community Health

42-48 Coleraine Street, Broadmeadows

Contact: (03) 8301 8888

Fax: (03) 8301 8889

#### Brunswick

Merri Community Health Services

11 Glenlyon Road, Brunswick

Contact: (03) 9367 6711 Fax: (03) 9387 5417

Email: mchs@mchs.org.au

Camperdown

Manifold Place Community Health Centre

140 Manifold Street, Camperdown

Contact: (03) 5593 1892

Fax: (03) 5593 2010

Email: MPlace2@swh.net.au

#### Cann River

**Cann Valley Bush Nursing Centre** 

27 Monaro Highway, Cann River

Contact: (03) 5152 6210

Fax: (03) 5158 6409

Carlton

Melbourne Sexual Health Centre

580 Swanston Street, Carlton

Contact: (03) 9341 6200

Fax: (03) 9341 6279

Email: enquiries@mshc.org.au

#### Carlton North

cohealth, Carlton North Centre

622 Lygon Street, Carlton North

Contact: (03) 9349 7333 Fax: (03) 9349 7300

Email: info@cohealth.org.au

#### Castlemaine

**Castlemaine District Community** 

**Health Centre** 

13 Mostyn Street, Castlemaine

Contact: (03) 5479 1000

Fax: (03) 5472 3221

Email: email@cdch.com.au

#### Caulfield

Caulfield Community Health Service -

Alfred Health

260 Kooyong Road, Caulfield

Contact (03) 9076 6666

Fax: (03) 9046 4060

Email: access@cgmc.org.au

#### Chelsea

**Central Bayside Community** 

**Health Service** 

3/1 The Strand, Chelsea

Contact: (03) 9782 7633

Fax: (03) 9782 7600

Email: info@cbchs.org.au

#### Churchill

Latrobe Community Health Service

20 - 24 Philip Parade, Churchill

Contact: 1800 242 696

Fax: (03) 8746 1100

Email: info@lchs.com.au

#### Cobram

Cobram District Health

24 - 32 Broadway Street, Cobram

Contact: (03) 5871 0777

Fax: (03) 5872 2406

#### Coburg

Merri Community Health Services

93 Bell Street, Coburg

Contact: (03) 9350 4000

Fax: (03) 9350 1518 Email: mch@mchs.org.au

Cockatoo

Monash Health Community Services

7 - 17 McBride Street, Cockatoo

Contact: (03) 5968 7000

Fax: (03) 5968 7030

Email: MHCAccess@monashhealth.org

#### Colac

Colac Area Health

2-28 Connor Street, Colac

Contact: (03) 5232 5100 Email: dmelville@cah.vic.gov.au

#### Collingwood

#### cohealth

4 Johnston Street, Collingwood Contact: (03) 9468 2800 Fax: (03) 9417 1499

Email: info@innerspace.org.au

365 Hoddle Street, Collingwood Contact: (03) 9411 4333 Fax: (03) 9411 4300 Email: info@cohealth.org.au

#### Coric

#### Barwon Health - Needle Syringe Program

2 Gellibrand Street, Corio Contact: (03) 4215 7100 Fax: (03) 4215 7193

#### Corryong

# Upper Murray Health and Community Services

20 Kiell Street, Corryong Contact: (03) 6076 3200 Fax: (03) 6076 1739

Email: Enquiries@umhcs.vic.gov.au

#### Cranbourne

#### Monash Health Community

140 - 154 Sladen Street, Cranbourne Contact: (03) 5990 6789

Fax: (03) 5990 6328

#### Dandenong

#### Community Access Partnership (CAP)

84 Foster Street, Dandenong Contact: (03) 9792 7630 Fax: (03) 9794 0979

Email: SEADS@monashhealth.org.au

#### Deer Park

#### Graeme Wurm Pharmacy

104 Station Road, Deer Park Contact: (03)9363 4204 Fax (03) 9363 3342

#### Drysdale

#### **Bellarine Community Health**

21 Palmerstone Street, Drysdale Contact: (03) 5251 2291 Fax: (03) 5258 0864

#### Eaglehawk

### Bendigo Community Health Services, Eaglehawk

3 Seymoure Street Eaglehawk Contact: (03) 5434 4300 Fax: (03) 5434 4355 Email: bchs@bchs.com.au

#### Echuca

#### **Echuca Regional Health**

226 Service Street, Echuca Contact: (03) 5485 5000 Fax: (03) 5482 5478 Email: erhexec@erh.org.au

#### Eltham

#### Nillumbik Health

917 Main Road, Eltham Contact: (03) 9430 9100 Fax: (03) 9431 0339

Email: nchs@nillumbikhealth.org.au

#### **Epping**

#### Plenty Valley Community Health

187 Cooper Street, Epping Contact: (03) 9409 8787 Fax: (03) 9408 9508

#### Euroa

#### Euroa Health

36 Kennedy Street, Euroa Contact: (03) 5795 0200 Fax: (03) 5795 0240

Email: eh@euroahealth.com.au

#### Fitzroy

#### Turning Point Alcohol & Drug Centre

54-62 Gertrude Street, Fitzroy Contact: (03) 8413 8413 Fax: (03) 9416 3420

Email: info\_group@turningpoint.org.au

#### cohealth

75 Brunswick Street, Fitzroy Contact: (03) 9411 3555 Fax: (03) 9411 3500 Email: info@cohealth.org.au

#### Fitzroy North

#### Silverii's Pharmacy

333 St Georges Road, Fitzroy North Contact: (03) 9481 0671

Fax: (03) 9482 6855

#### Footscray

#### Health Works, cohealth

4-12 Buckley Street, Footscray Contact: (03) 9362 8100 Fax: (03) 8362 8180

#### Frankston

#### Frankston City Council

30 Davey Street, Frankston Contact: (03) 9784 1888 Fax: (03) 9784 1094

#### Frankston Integrated Health Centre

12-32 Hastings Road, Frankston Contact: (03) 9784 8100 Fax: (03) 9784 8149

## Southern Hepatitis/HIV/AIDS Resources & Prevention Services (SHARPS)

20 Young Street, Frankston Contact: (03) 9781 1622 Fax: (03) 9781 3669

Email: customer.relation@phcn.vic.gov.au

#### Geelong

#### Wathaurong Aboriginal Cooperative

62 Morgan Street, Geelong North

Contact: (03) 5277 2038 Fax: (03) 5277 3537

Email: healthservice@wathaurong.org.au

#### Glenrov

#### Youth Projects - Foot Patrol Needle

and Syringe Program 6 Hartington Street, Glenroy Contact: (03) 9304 9100 Fax: (03) 9304 9111 admin@youthprojects.org.au

#### Gisborne

#### Macedon Ranges Health

5 Neal Street, Gisborne Contact: (03) 5428 0300 Fax: (03) 5428 0399

Email: healthcare@mrh.org.au

#### Greensborough

#### Banyule Community Health Service,

Greensborough Centre – Needle Syringe Program

Unit 3, 25-33 Grimshaw Street, Greensborough

Contact: (03) 9433 5111 Fax: (03) 9435 8922 Email: banyule@bchc.org.au

#### Hastings

#### Hastings Community Health Service

185 High Street, Hastings Contact: (03) 5971 9100 Fax: (03) 5971 9106

#### Hawthorn

#### **Swinburne University Health Services**

Level 4, George Swinburne Building, 34 Wakefield Street, Hawthorn Contact: (03) 9214 8483 Fax: (03) 9818 7548

Email: healthservice@swin.edu.au

#### Healesville

#### Healesville & District Hospital – Needle Exchange Program

377 Maroondah Highway, Healesville

Contact: (03) 5962 4300 Fax: (03) 5962 3429

### Heidelberg West

### Banyule Community Health Service – Needle Syringe Program

21 Alamein Road, Heidelberg West Contact: (03) 9450 2000

Fax: (03) 9459 5808 Email: banyule@bchs.org.au

#### Horsham

#### Wimmera Health Care Group

83 Baillie Street, Horsham Contact: (03) 5381 9111 Fax: (03) 5381 9196 Email info@whcg.org.au

#### Kangaroo Flat

#### Bendigo Community Health Services,

Kangaroo Flat Site
13 Helm Street, Kangaroo Flat
Contact: (03) 5430 0500
Fax: (03) 5430 0544
Email: bchs@bchs.com.au

### **Contacts**

#### **Kyneton**

Cobaw Community Health Service 47 High Street, Kyneton Contact: (03) 5421 1666

Fax: (03) 5422 2161 Email: admin@cobaw.org.au

#### Lakes Entrance

#### **Gippsland Lakes**

**Community Health Centre** 

18-26 Jemmeson Street, Lakes Entrance

Contact: (03) 5155 8300 Fax: (03) 5155 4057 Email: contact@glch.org.au

#### Leongatha

**Gippsland Southern Health Services** 

Koonwarra Road, Leongatha Contact: (03) 5667 5555 Fax: (03) 5667 5516 Email: info@gshs.com.au

#### Lilydale

Inspiro Community Health Service

17 Clarke Street, Lilydale Contact: (03) 9738 8801 Fax: (03) 9739 4689 Email: hello@inspiro.org.au

#### Lochsport

**Loch Sport Community Health Centre** 

1 National Park Road, Loch Sport Contact: (03) 5146 0349

Fax: (03) 5146 0780 Email: lochsport@cghs.com.au

#### Lucas

Ballarat Community Health Centre -

Needle Syringe Program 12 Lilburne Street, Lucas Contact: (03) 5338 4500 Fax: (03) 5332 6617 Email: info@bchc.org.au

#### Maffra

**Maffra District Hospital** 

48, Kent Street, Maffra Contact (03) 51470100 Maffra.admin@cghs.com.au

#### Mansfield

Mansfield District Hospital

53 Highett Street, Mansfield Contact: (03) 5775 8800 Fax: (03) 5775 1352

Email: reception.main@mdh.org.au

#### Maryborough

Community Services Maryborough 75-87 Clarendon Street, Maryborough

Contact: (03) 5461 0400 Fax: (03) 5461 4489

#### Melbourne

**Melbourne City Council** 

200 Little Collins Street, Melbourne

Contact: (03) 9658 9658 Fax: (03) 9658 9685

#### Melton

Djerriwarrh Health Service

Yuille Street, Melton Contact: (03) 8746 1100 Fax: (03) 9743 8640

#### Mildura

Sunraysia Community Health Service

137 Thirteenth Street, Mildura Contact: (03) 5022 5444 Fax: (03) 5022 5445 Email: schs@schs.com.au

#### Moe

**Latrobe Community Health Services** 

42-44 Fowler Street, Moe Contact: 1800 242 696 Fax: (03) 5127 7002 Email: info@lchs.com.au

#### Mornington

Mornington Community Information and Support Centre

and Support Centre
320 Main Street, Mornington

Contact: (03) 5975 1644 Fax: (03) 5975 5423

Email: manager@mcisc.org.au

#### Morwell

Latrobe Community Health Service

81-87 Buckley Street, Morwell Contact: 1800 242 696 Fax: (03) 5136 5450 Email: info@lchs.com.au

#### Myrtleford

**Gateway Health** 

32 Smith Street, Myrtleford Contact: (03) 5731 3500 Fax: (03) 5751 1822 Email: info@gatewayhealth.org.au

#### Newcomb

Newcomb Community Health Centre – Needle Syringe Program

104-108 Bellarine Highway, Newcomb

Contact: (03) 4215 7520 Fax: (03) 4215 7795

Email:

receptionnewcomb@barwonhealth.org.au

#### Northcote

Darebin District Health Service

42 Separation Street, Northcote Contact: (03) 9403 1200 Fax: (03) 9482 3690 Email: info@dch.org.au

#### Nowa Nowa

Nowa Nowa Community Health

6 Bridge Street, Nowa Nowa Contact: (03) 5155 7294 Fax: (03) 5155 7296 Email: email@nnch.org.au

#### Orbost

**Orbost Regional Health** 

104-107 Boundary Road, Orbost

Contact: (03) 5154 6666 Fax: (03) 5154 2366 Email: orh@orh.com.au

#### Pakenham

Monash Health Community

66-70 Princess Highway, Pakenham

Contact: (03) 5941 0500 Fax: (03) 5941 0542

Email: mhcaccess@monashhealth.org

#### Portarlington

**Bellarine Community Health** 

39 Fenwick Street, Portarlington Contact: (03) 5258 6140 Fax: (03) 5258 0864 Email: intake@bch.org.au

#### Portland

**Portland District Health** 

141-151 Bentinck Street, Portland

Contact: (03) 5521 0333 Fax: (03) 5521 8162

Email: pdh@swarh.vic.gov.au

#### Prahran

Inner South Community health

Needle Exchange Program 240 Malvern Road, Prahran Contact: (03) 9525 1300 Fax: (03) 9521 2474

Email: adminenquiries@ischs.org.au

#### Preston

Your Community Health

**PANCH** 

300 Bell Street, Preston Contact: (03) 8470 1111 Fax: (03) 9485 9010

Email: info@yourcommunityhealth.org.au

#### Reservoir East

**Darebin Community Health** 

125 Blake Street, Reservoir East Contact: (03) 8470 1111 Fax: (03) 8470 1107 Email: info@dch.org.au

#### Richmond

North Richmond Community Health - Needle and Syringe Program (NSP)

23 Lennox Street, Richmond Contact: (03) 9418 9800 Fax: (03) 9428 2269

#### Ringwood

EACH Ltd

46 Warrandyte Road, Ringwood Contact: 1300 003 224 Fax: (03) 9870 4688 Email: info@each.com.au

#### Ringwood East

EACH Ltd

75 Patterson Street, Ringwood East

Contact: (03) 9837 3999 Fax: (03) 9879 6356 Email: info@each.com.au

#### Rosebud

Southern Peninsula Community Support and Information Centre 878 Point Nepean Road, Rosebud

Contact: (03) 5986 1285 Fax: (03) 5982 2601 Email: admin@spcsic.org

#### Rosedale

Roosedale Community Health Service

2-8 Cansick Street, Rosedale Contact: (03) 5199 2333 Fax: (03) 5199 2980 Email: rosedale@cghs.com.au

#### Sale

Central Gippsland Health Service, Divison of Community Care

Palmerston Street, Sale Contact: (03) 5143 8800 Fax: (30) 5143 8890

Emaol: cs.reception@cghs.com.au

#### San Remo

San Remo Community Services 1 Back Beach Road, San Remo Contact: (03) 5671 9200

Fax: (03) 5678 5595

#### Sebastopol

Ballarat Community Health Centre Doctors Clinic – Needle and Syringe Program

260 Vickers Street, Sebastopol Contact: (03) 5338 4585

#### Shepparton

**Primary Care Connect** 

399 Wyndham Street, Shepparton

Contact: (03) 5823 3200 Fax: (03) 5823 3299

Email: support@primarycareconnect.com.au

#### South Melbourne

Inner South Community Health Services 341 Coventry Street, South Melbourne

Contact: (03) 9690 9144 Fax: (03) 9696 7228

Email: adminenquiries@ischs.org.au

#### South Yarra

Victorian AIDS Council/ Gay Men's Health Centre 6 Claremont Street, South Yarra Contact: (03) 9865 6700

Fax: (03) 9826 2700

Email: enquiries@vac.org.au

#### Springvale

Monash Health Community

55 Buckingham Avenue, Springvale Contact: (03) 8558 9080 OR (03) 8558 9000

Fax: (03) 8558 9011

Email: intakeGDCHS@southernhealth.org.au

#### St. Albans

Isis Primary Care

1 Andrea Street, St. Albans

Contact: (03) 9296 1200 Fax: (03) 9366 2086

#### Stawell

Stawell Health & Community Centre

8-22 Patrick Street, Stawell Contact: (03) 5358 7400 Fax: (03) 5358 4113

Email: gch@grampianscommunityhealth.org.au

#### St. Kilda

Inner South Community Health Services

18 Mitford Street, St. Kilda Contact: (03) 9534 0981 Fax: (03) 9525 3730 Resourcing Health and

Education in the Sex industry (RhED)

10 Inkerman Street, St. Kilda Contact: 1800 458 752 Fax: (03) 9525 4492

Email: sexworker@sexworker.org.au

#### Salvation Army Health Information Exchange

29 Grey Street, St. Kilda Contact: (03) 9536 7703 Fax: (03) 9536 7778

#### Sunbury

Sunbury Community Health Centre

12-28 Macedon Street, Sunbury Contact: (03) 9744 4455 Fax: (03) 9744 6777

Email: admin@sunburychc.org.au

#### Timboon

**Timboon & District Healthcare Services** 

21 Hospital Road, Timboon Contact: (03) 5558 6000 Fax: (03) 5598 3565

Email: timboon@swarh.voc.gov.au

#### Torquay

Torquay Community Health Centre – Needle and Syringe Program

100 Surf Coast Highway, Torquay

Contact: (03) 4215 7800 Fax: (03) 4215 7843

Email: chrisinfoaccess@barwonhealth.or.au

#### Traralgon

**Latrobe Community Health Services** 

Seymour Street, Traralgon Contact: 1800 242 696 Fax: (03) 5171 1470 Email: info@lchs.com.au

#### Wangaratta

**Gateway Health** 

45-47 Mackay Street, Wangaratta Contact: (03) 5723 2000 Fax: (03) 5722 2313

Email: info@gatewayhealth.org.au

#### Northeast Health

35-47 Green Street, Wangaratta Contact: (03) 5722 5239 Fax: (03) 5722 4382

Email: enquiries@nhw.hume.org.au

#### Warragul

West Gippsland Healthcare Group

Community Services Division 31-35 Gladstone Street, Warragul

Contact: (03) 5624 3500 Fax: (03) 5624 3555 Email: info@wghg.conm.au

#### Warrnambool

**Brophy Family and Youth Services** 

210 Timor Street, Warrnambool Contact: (03) 5561 8888 Fax: (03) 5561 8816 Email: admin@brophy.org.au

Warrnambool Community Health Koroit Street, Warrnambool

Contact: (03) 5563 4000 Fax: (03) 5563 1669

#### Wendouree

Ballarat Community Health Centre – Needle and Syringe Program 10 Learmonth Road, Wendouree

Contact: (03) 5338 4500 Fax: (03) 5339 3044 Email: info@bchc.org.au

#### Wodonga

Gateway Community Health, Wodonga

155 High Street, Wodonga Contact: (02) 6022 8888 Fax: (02) 6024 5792

Email: info@gatewayhealth.org.au

#### Wonthaggi

Bass Coast Health – Needle Syringe Program

237 Graham Street, Wonthaggi Contact: (03) 5671 3333 Fax: (03) 5671 3300

#### Yarra Junction

Yarra Valley Community Health – Needle Exchange Program

2475 Warburton Highway, Yarra Junction

Contact: 1300 342 255 Fax: (03) 5962 3429

#### Yarram

Yarram and District Health Centre

Bakers Community Services Centre 121 Commercial Road, Yarram Contact: (03) 5182 0270

Fax: (03) 5182 0295

Email: youth+family services @ydhs.com.au

#### Yarrawonga

Yarrawonga Health

33 Piper Street, Yarrawonga Contact: (03) 5743 8111 Fax: (03) 5743 8118

#### Yea

Yea & District Memorial Hospital

45 Station Street, Yea Contact: (03) 5736 0400 Fax: (03) 5797 2391

### **Contacts**

### Alcohol and Drug Programs, Primary Health Care Centres (for PWID), Regional Services

#### Bayswater

Anglicare Victoria 666 Mountain Highway, Bayswater Contact: (03) 9721 3688

#### Cobaw

**Cobaw Community Health Service** 

47 High Street, Kyneton Contact: (03) 5421 1666 Fax: (03) 5422 2161 Email: admin@cobaw.org.au

#### Craigieburn

Anglicare Victoria

59 Craigieburn Road, Craigieburn Contact: (03) 9483 2401

#### Fitzroy

Youth Support + Advocacy Service (YSAS)

Level 1, 131 Johnston Street, Fitzroy Contact: (03) 9415 8881 Fax: (03) 9415 8882 Email: reception@ysas.org.au Turning Point Alcohol & Drug Centre 54-62 Gertrude Street, Fitzroy Contact: (03) 8413 8413 Fax: (03) 9416 3420

 $Email: info\_group@turningpoint.org.au$ 

#### Frankston

Anglicare Victoria

Level 2 / 60-64 Wells Street, Frankston

Contact: (03) 9781 6700

Frankston Integrated Health Centre 12-32 Hastings Road, Frankston

12-32 Hastings Road, Frankston Contact: (03) 9784 8100 Fax: (03) 9784 8149

#### Geelong

Barwon Health - Alcohol and Drug Services

40 Little Malop Street, Geelong Contact: (03) 5273 4000 Fax: (03) 5273 4044

#### Lucas

Ballarat Community Health Centre – Mobile Drug Support Worker

12 Lilburne Street, Lucas Contact: (03) 5338 4500 Fax: (03) 5332 6617 Email: info@bchc.org.au

#### Melbourne

Druginfo

Level 12, 607 Bourke Street, Melbourne

Contact: 1300 85 85 84 Fax: (03) 8672 5983

#### Mildura

Drug Treatment Services 137 Thirteenth Street, Mildura Contact: (03) 5021 7694 Fax: (03) 5021 7695 Email: schs@schs.com.au

#### Portland

Portland District Health

141-151 Bentinck Street, Portland

Contact: (03) 5521 0333 Fax: (03) 5521 8162 Email: pdh@swarh.vic.gov.au

#### Preston

Anglicare Victoria 42 Mary Street, Preston Contact: (03) 8470 9999

#### Richmond

**Drug Safety Program** 

23 Lennox Street, Richmond Contact: (03) 9418 9800 Fax: (03) 9428 2269

#### Werribee

Anglicare Victoria 2 Market Road, Werribee Contact: (03) 9731 2500

#### Primary Health Care Centres (for PWID)

#### Melbourne

Living Room, Youth Projects

(Hepatitis programs – Thursdays every fortnight)

7 – 9 Hosier Lane, Melbourne Contact: (03) 9662 4488 Fax: (03) 9662 4400

Email: living@youthprojects.org.au

#### Mornington

The Bays Hospital Vale Street, Mornington Contact: (03) 5975 2009

Fax: (03) 5975 2373

#### **Regional Services**

These contacts are able to provide information about local viral hepatitis related services as well as active support groups.

#### Bendigo

Bendigo Health

Lucan Street, Bendigo Contact: (03) 5454 6000 Fax: (03) 5454 8419

#### Eaglehawk

Eaglehawk Community House 19 Bright Street, Eaglehawk

#### Geelong

Barwon Mental Health, Drug and Alcohol Services

40 Little Malop Street, Geelong Contact: (03) 4215 8792

Fax: (03) 4215 8793

Jigsaw Youth Health Service

Yarra Street, Geelong Contact: 1300 094 187 Fax: (03) 4215 8298

#### Healesville

Yarra Valley Community Health Service (Once per month clinic- hepatis clinic

Contact: 1300 130 381 Fax: (03) 5962 3429

#### Lucas

**Ballarat Community Health** 

12 Lilburn Street, lucas Telephone: (03) 5338 4500 Fax: (03) 5338 0520 Email: info@bchc.org.au

#### Mildura

Sunravsia Community Health Centre

137 Thirteenth Street, Mildura Contact: (03) 5022 5444 Fax: (03) 5022 5445 Email: schs@schs.com.au

#### Mornington

The Bays Hospital

Vale Street, Mornington Contact: (03) 5975 2009 Fax: (03) 5975 2373

#### Morwell

Moe Community Health Centre

81-87 Buckley Street, Morwell Contact: 1800 242 696 Fax: (03) 5136 5450 Email: info@lchs.com.au

Portland

**Glenelg Southern Grampians** 

(Drug Treatment Service)

Bentinck Street, Portland Contact: (03) 5521 0350 Fax: (03) 5521 0625

Email: pdhspecialistcentre@swarh.vic.gov.au

Dhauwurd-Wurrung Elderly and Community Health Service

(Community Health Centre)

18 Wellington Rd, Portland VIC 3305

Contact: (03) 5521 7535 Fax: (03) 55211299

#### Shepparton

**Primary Care Connect** 

399 Wyndham Street, Shepparton Telephone: (03) 5823 3200 Fax: (03) 5823 3299

#### Tatura

**Tatura Medical Centre** 

4 Thomson Street, Tatura Telephone: (03) 5824 1244 Fax: (03) 5824 2551

#### Torquay

Surf Coast Health Service - Barwon Health

100 Surfcoast Hwy, Torquay Telephone: (03) 4215 7850 Fax: (03) 4215 7889

### **Contacts**

### Related Health Services, Sexual Health, and Rural Services

#### Traralgon

Latrobe Regional Hospital Princess Highway, Traralgon Contact: (03) 5173 8000 Fax: (03) 5173 8444

#### Wangaratta

Gateway Health

45-47 Mackay Street, Wangaratta Telephone: (03) 5723 2000 Fax: (03) 5722 2313

Email: info@gatewayhealth.org.au

#### Warragul

West Gippsland Hospital

Landsborough Street, Warragul Contact: (03) 5623 0611 Fax: (03) 5622 6403 Email: info@wghg.com.au

#### Warrnambool

Western Region Alcohol and Drug Centre (WRAD)

172 Merri Street Warnambool 1300 009 723

Fax: (03) 5564 5700 Email: wrad@wrad.org.au

#### Wendouree

**Ballarat Oncology and Haematology** Services

1117 Howitt Street, Wendouree Contact: (03) 5339 8000 Fax: (03) 5339 8111

#### Wodonga

**Gateway Health** 

155 High Street, Wodonga Contact: (02) 6022 8888 Fax: (02) 6024 5792

Email: info@gatewayhealth.org.au

#### Carlton

Victorian Equal Opportunity and Human Rights Commission

(Information on state and federal equal opportunity laws and programs) Level 3, 204 Lygon Street, Calrton

Telephone 1300 891 848 Fax: 1300 891 858

Email: information@veohrc.vic.gov.au Web: www.humanrightscommission.vic.gov.au

#### Hampton East

Haemophilia Foundation Victoria

13 Keith Street, Hampton East, VIC 3188

Contact: (03) 9555 7595 Fax: (03) 95557375 Email: info@hfv.org.au

#### Prahran

Alfred-HIV:Hepatitis:STI Education and Resource Centre

(Statewide resource centre on HIV/AIDS. Hepatitis and Sexually Transmissible Infections)

8 Moubray Street, Prahran

Telephone: (03) 9076 6993 Fax: (03) 9076 5294 Email: erc@alfred.org.au Web: www.alfredhealth.org.au

#### Melbourne

**Health Services Commissioner** 

26th Floor, 570 Bourke Street, Melbourne

Free call: 1300 582 113 Fax: (03) 9032 3111 Email: hsc@dhhs.vic.gov.au

Cancer Council Victoria - Living with Cancer **Education Program** 

615 St. Kilda Road, Melbourne

Contact: 13 11 20 Fax: (03) 9514 6800

Email: enquiries@cancervic.org.au

#### Southbank

Living Positive Victoria

Suite 1 / 111 Coventry Street, Southbank

Contact: (03) 9863 8733

Email: info@livingpositivevictoria@org.au

#### Sexual Health

#### Box Hill

**Family Planning Victoria** 

901 Whitehorse Road, Box Hill Contact: (03) 9257 0100 Fax: (03) 9257 0112 Email: fpv@fpv.org.au

#### Carlton

Melbourne Sexual Health Centre

580 Swanston Street, Carlton Contact: (03) 9341 6200 Free call: 1800 032 017 Web: www.mshc.org.au

#### Melbourne

Red Aware

Level 2 South Tower 485 la Trobe Street, Melbourne Contact: (03) 9670 6171 Email: resources@yeah.org.au

Era Health

563 Bourke Street, Melbourne Contact: (03) 9944 6200 Fax: (03) 9944 6290 Email: info@erahealth.com.au

#### Richmond

Multicultural Health and Support Services

(HIV, hepatitis C and sexually transmissible infections) 23 Lennox Street, Richmond. Telephone: (03) 9418 9929 Fax: (03) 9421 4662 Email: enquiries@ceh.org.au Go to: www.ceh.org.au/mhss.aspx

#### Southbank

Straight Arrow

Suite 1, 111 Coventry Street, Southbank Contact: (03) 9863 9414 Fax: (03) 9863 9421

Email: information@straightarrows.org.au

#### South Yarra

Victorian AIDS Council 6 Claremont Street, South Yarra

Contact: (03) 9865 6700 Fax: (03) 9826 2700 Email: enquiries@vac.org.au

#### St. Kilda

**Royal District Nursing Services (RDNS)** 

31 Alma Road, St. Kilda Contact: 1300 33 44 55

#### **Rural Services**

#### Geelong

Barwon Health - BRASH Clinic

Outpatients Annexe, 66 Bellerine Street, Geelona

Contact: (03) 4215 0000 Fax: (03) 4215 1378

#### Portland

Portland District Health

Bentinck Street, Portland Contact: (03) 5521 0333 Fax: (03) 5521 0388

#### Warrnambool

Warrnambool Base Hospital

Ryot Street, Warrnambool Contact: (03) 5563 1666 Fax: (03) 5563 1660

### Hepatitis Infoline

Call the Hepatitis Infoline to talk about:

Information: We can answer questions and mail information to you.

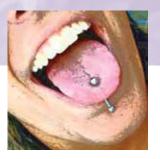
Support: We can provide support for a range of issues and concerns.

Referral: We can refer you to other organisations and services.

The Hepatitis Infoline is a free and confidential service for all Victorians.

#### Hours

Monday to Friday 9.00am - 5.00pm





#### English

Hepatitis Information Line. If you need an interpreter, please first call the Translating and Interpreting Service on 131 450.

#### Vietnamese

Đường dây Hướng dẫn Bệnh Viêm Gan. Nếu cần thông dịch viên, trước tiên xin quí vị vui lòng gọi Sở Thông ngôn và Phiên dịch số 131 450.

#### Farsi

خط اطلاعات هپاتیت. اگر نیاز به مترجم حضوری دارید، لطفا با مرکز خدمات ترجمه کتبی و حضوری با شماره 450 131 تماس بگیرید.

#### Amharic

የወፍ በሺታ መረጃ ማቅረቢያ መስመር። አስተርጓሚ ካስፈለግዎ፤ አባክዎ መጀመሪያ ለትርጉምና አስተርጓሚ አገልግሎት በስልክ 131 450 አድርገው ይደውሉ።

#### Arabic

خط المعلومات عن إلتهاب الكبد. إذا كنت بحاجة لخدمات مترجم، الرجاء الاتصال أو لا بخدمة الترجمة الفورية والتحريرية على الرقم 131 450.

#### Chinese

肝炎信息专线。如需传译员协助,请先致电翻译服务处电话131 450。

#### Khme

ខ្សែទូរស័ព្ទផ្តល់ព័ត៌មានអំពីជំងឺរលាកថ្លើម។ ប្រសិនបើលោកអ្នកត្រូវការអ្នកបកប្រែភាសា ជាដំបូង សូមទូរស័ព្ទទៅកិច្ចបំរើបកប្រែភាសាសរសេរ និងនិយាយ លេខ 131 450។

# hepatitisinfoline 1800 703 003

### Your donations make a difference!

Your donations help us to provide information, services, advocacy, resources and support for people affected by viral hepatitis, health professionals and members of the general public.	All donations of \$2 or more are tax deductible.  If you do not receive your receipt promptly, then please call  Hepatitis Victoria on 03 9380 4644, or email: admin@hepvic.org.au
I would like to donate the following amount:	Please send my receipt to:
\$20 \$50 \$100 \$(Your choice)	Name
I have enclosed my cheque/money order/cash or	
Please debit my credit card for \$	Address
Type of card: Visa/MasterCard	Suburb/City
Name on Card	
Card number:	Postcode State
	Send to: Hepatitis Victoria Suite 5, 200 Sydney Road
Expiry Date	Brunswick, Victoria 3056