

# Prevention

Hepatitis C is passed on through blood to blood contact, such as:

- Sharing injecting equipment including syringes, spoons, swabs and tourniquets.
- ‘Backyard’ tattoos or piercings.
- Blood transfusions in Australia prior to 1990 or any medical procedures overseas.

If you inject drugs it is important to try and use clean injecting equipment when possible. You can get this from needle and syringe programs (NSP’s).

The location of NSP’s in Brimbank and surrounds is included in this directory. This includes mobile NSP services that can travel to you.

