

HEPATITISVICTORIA LiverWELL[®] STRATEGIC PLAN 2017 - 2022

Report Card for the third year: 2019-2020

including in non-metropolitan clubs

Priorities What we have achieved **Next steps** Improve Liver Health • Developer commissioned to enhance award-winning LiverWELL app ▶ Launch and promote enhanced LiverWELL app ▶ REVEAL surveys outcomes used to extend and tailor liver health information • REVEAL surveys to determine liver health needs of clinicians and consumers Lead the community response and resources Commenced a digital Aboriginal Healthy Living Guide and drive awareness in relation ◆ Complete and distribute Aboriginal Healthy Living Guide • LiverWELL suite of brochures expanded to include hepatitis B, Liver Cancer to liver disease ▶ Explore partnerships to expand and distribute liver health information Assist people to understand and Establish Task Force to guide the organisation's work in relation to broadened liver • NASH-specific page added to the LiverWELL website manage their liver health health remit, including advocating for increased and sustainable investment in the • Inaugural social media World Liver Day #KindToYourLiver campaign response to liver health Improve public understanding • Advocated for liver cancer to be prioritised in Victorian Government cancer plan ▶ Further enhance Living Well Guides, especially the Drink Aware materials of how to prevent liver disease • Targeted resources to support people with liver disease during COVID-19 pandemic ▶ Increase participation of people with a broad range of liver health concerns Advocate for an increased investment Expanded offering in LiverWELL Lifestyle Guides World Hepatitis Day grants and campaign undertaken digitally in, and expanded response to, • Co-branding of Hepatitis Victoria and LiverWELL across external facing resources ▶ Continued professional development for staff to further knowledge and awareness of liver health whole of liver health conditions to support expansion of LiverLine and other services and information Support and Mobilise ▶ Rename Hepatitis Infoline to LiverLine Commenced investigation of structured mechanisms to obtain consumer, as well those Affected ▶ Establish a mechanism to facilitate consumer-driven responses to liver health as clinician input into resources • Delivered digital/online presentation training for HEPSpeak lived experience concerns, including programs, resources and messaging • Resource the advocacy and leadership • Extend Lived Experience Speakers' remit to include whole of liver health conditions speakers to expand capacity to present of people affected by liver disease • Introduced Webchat online function that provides new model for live engagement → Review Community Educator Framework to expand and implement Provide information and support for and information sharing with our community recommendations, and explore funding sources for this program people affected by liver disease • Reconciliation Action Plan (RAP) reviewed in consultation with Aboriginal-led ▶ Implement recommendations of ratified Reconciliation Action Plan (RAP) organisations and submitted for ratification by Reconciliation Australia Develop an engagement strategy for liver health ambassadors in CALD communities • Facilitate and support peer-led ▶ Produce and broadcast podcasts with multilingual and low-literacy information • Chinese Health Promotion Coalition supported to complete registration responses within affected communities as Incorporated Association to targeted audiences • Ensure the voice of lived experience • Vietnamese language Facebook page used to livestream panel discussion ▶ Investigate possible chat functions and online support groups to increase support drives Hepatitis Victoria/LiverWELL's work co-presented with GPs to discuss hepatitis and COVID-19 options for people in different locations and with varying liver health needs Stop Stigma ▶ Continue to recruit HEP Heroes through planned activities and other opportunities • Engagement with, and delivery of education sessions for youth through the StreetShot program, including discussions on stigma relating to viral hepatitis ▶ Provide HEP Heroes with tools to assist in stigma and discrimination advocacy • Reduce stigma and discrimination • Integrated discussion of stigma, discrimination and privacy/confidentiality issues → Use a range of community education sessions to raise awareness of stigma and by improving understanding within discrimination against people living with viral hepatitis and other liver conditions within all workforce development training affected communities • Advocacy and awareness campaign regarding hepatitis B and visa requirements Advocate and continue to highlight the difficulties that marginalised and disadvantaged people experience when accessing hepatitis testing and treatments Improve awareness and responsiveness to counter stigma and discrimination and update on legislation changes ♦ Continue Rotary's End Hepatitis Now project and recruit Rotary HEP Heroes, • End Hepatitis Now partnership formed with Rotary Club of Melbourne, involving in the wider community

lived experience speakers, multiple club presentations and Rotary HEP Heroes

- Reduce the impact of stigma by building resilience and offering support
- Participation in Kirby Institute Hepatitis B Stigma Indicators Advisory Committee
- Collaboration with VHHITAL to deliver inclusive practice training on stigma issues
- Featured a video of a personal story as part of significantly expanded content of Feeling Well domain
- ▶ Expand Stigma Stories series, including people with other liver health conditions
- Develop a stigma comparative survey to measure outcomes for three years post initial survey
- Build knowledge base of stigma associated with other liver conditions in addition to viral hepatitis



Promote Responsive Health

- Increase the knowledge and willingness of community and health care workers to respond to liver disease
- Advocate equity of access to health services, for all, especially key affected communities
- Promote integrated and person-centred health care for liver disease
- Drive the increased capacity of relevant workforces in a sustainable manner

- Conducted HEPReady Essentials education sessions for sector workforce and education sessions for pharmacy and dentistry tertiary students
- HEPReady Workforce Development sessions modified to also be offered by webinar
- Delivered outer metro and regional community Hepatitis B mobilisation education sessions
- Engaged community audience for Living Well with Hepatitis B online information sessions
- Collaborated in Doherty HepLOGIC research on program and service improvements regarding liver health and viral hepatitis
- Successfully delivered TEST CURE LIVE hepatitis C resources for the Indian community, including animations
- Responded to COVID-19 pandemic to raise awareness of telehealth and worked with the sector to reinforce the importance of accessing liver healthcare during the crisis



Drive Organisational Change

- Actively respond to changing environments, including new knowledge and technologies
- Collaborate effectively and strategically across diverse sectors and communities
- Ensure a sustainable, viable and agile organisation
- Attract and retain talented and high performing staff

- Ongoing support for professional development of staff and Board members
- Contributed to Victorian government forums in relation to blood-borne viruses, including in response to hepatitis A outbreak and COVID-19 adjustments
- Collaborated on joint submissions and advocacy activities with sector partners
- Secured project funding from government and non-government sources to expand the organisation's capacity in relation to migrant and refugee communities, AOD workforce capacity, and digital tool enhancement
- Staff presentations made to Board and Staff meetings to raise awareness of and celebrate work undertaken, particularly focusing on resilience and innovation
- Business continuity planning with regular updates instituted in response to COVID-19 under the oversight of newly instituted 'leadership' team

- Explore collaborations with research entities to enhance liver health focus and build evidence base to support cost-effectiveness of interventions to prevent liver disease
- Develop mechanism to work with clinical experts and primary care to ensure our work is accurate and well informed
- Expand Living Well domains to support prevention and treatment of childhood obesity
- Ongoing HEPReady Workforce Development program to deliver education sessions; to be delivered as webinars and face-to-face sessions, and 2 regional locations
- Ongoing HepLOGIC work to improve engagement across the health sector and promote the LiverWELL app
- ▶ Support Victorian Hepatitis B Alliance, including Spotlight workshops
- → Develop and deliver Zoom support groups, online Q&A forums with experts and offer online support and information groups for specific communities
- → Further implement Community Educators Framework into multiple communities
- Advocate for secure organisational funding streams to ensure viability and sustainability of liver health and viral hepatitis strategies and outcomes
- Comprehensive review of digital tools and systems to ensure best practice, content consistency, protection of IP, and staff capability to utilise tools
- Review organisational functions to better deliver on strategic goals, with particular focus on clinical knowledge, knowledge management, digital capacity and fundraising
- ♠ Explore opportunities for supporting people with liver conditions beyond viral hepatitis across Australia, including collaborations with other research bodies and service providers
- ▶ Update and further utilise client relationship management and other internal systems
- ★ Explore additional ways to recognise staff contributions and opportunities for staff training, including self-care and resilience.

Operational Achievement Highlights

- 160 education sessions conducted throughout the state, reaching a total audience of 3,493 people. 23 additional education sessions were delivered online during the COVID-19 pandemic restrictions.
- 15 schools and youth organisations were enrolled in the StreetShot program and 22 education sessions delivered to 428 young people throughout Victoria.
- 20 LIVERability Community Grants were awarded for World Hepatitis Day activities and events to AOD, CALD, Indigenous and Community organisations throughout the state.
- 155,704 unique visits to the Hepatitis Victoria, StreetShot and LiverWELL websites, resulting in over 199,000 individual content pages being viewed.
- 169 Facebook, 528 Twitter, 98 Instagram and 89 LinkedIn social media posts made on a wide variety of subjects.
- 15 podcasts were produced and were played more than 7,898 times in more than 50 countries.
- Distributed 48 electronic bulletins, including the regular HEPChat bulletin to 94,000 recipients.

- 43 HEPSpeak presentations were made by trained lived experience hepatitis B and C speakers to 1,835 health and community workers and the general community.
- 536 Hepatitis Infoline enquiries were answered including 73 calls through the Prisons Telephone Hepatitis Infoline and 85 enquiries to the Hepatitis Webchat (introduced in late March 2020).
- 22 new volunteers who together with existing volunteers contributed 1,205 hours of volunteer time in support of administration, health promotion and education activities.