

There are plenty of people who you can talk to about hepatitis B and hepatitis C. Sometimes it can be helpful talking to family or friends, if you feel confused or upset.

Health workers, counsellors, youth workers and other professionals will be able to help you find specialist information if they don't know the information themselves. Here are some ideas of places to go and people to talk to if you've got more questions or need some help:

- **LiverLine** 1800 703 003 liverwell.org.au
- Your local **GP**
- **The Better Health Channel** betterhealth.vic.gov.au
- **Kids Helpline** 1800 55 1800 kidshelpline.com.au
- **NURSE-ON-CALL** 1300 60 60 24
- **Youth Drugs and Alcohol Advice** yodaa.org.au
1800 458 685

Source data:

LiverWELL (2024), 'Hepatitis B', retrieved from <https://liverwell.org.au/liver-conditions/hepatitis-b/>

LiverWELL (2024), 'Hepatitis C', retrieved from <https://liverwell.org.au/liver-conditions/hepatitis-c/>





School nurse
Teacher
Wellbeing team





Youth organisations

Youth workers





Hospital
Clinic
Doctor
Nurse





LiverWELL

LiverLine





Community Health Service

Alcohol and other
Drug services

Mental Health Service





Sexual health clinic





Friends
Family and relatives
Guardian





Multicultural organisations

Refugee and Asylum
Seeker Organisation

Interpreter and
translators





Aboriginal organisations





LGBTIQ organisations

