

There are plenty of people who you can talk to about hepatitis B and hepatitis C. Sometimes it can be helpful talking to family or friends, if you feel confused or upset.

Health workers, counsellors, youth workers and other professionals will be able to help you find specialist information if they don't know the information themselves. Here are some ideas of places to go and people to talk to if you've got more questions or need some help:

- **LiverLine** 1800 703 003 [liverwell.org.au](http://liverwell.org.au)
- Your local **GP**
- **The Better Health Channel** [betterhealth.vic.gov.au](http://betterhealth.vic.gov.au)
- **Kids Helpline** 1800 55 1800 [kidshelpline.com.au](http://kidshelpline.com.au)
- **NURSE-ON-CALL** 1300 60 60 24
- **Youth Drugs and Alcohol Advice** [yodaa.org.au](http://yodaa.org.au)  
1800 458 685

**Source data:**

LiverWELL (2024), 'Hepatitis B', retrieved from <https://liverwell.org.au/liver-conditions/hepatitis-b/>

LiverWELL (2024), 'Hepatitis C', retrieved from <https://liverwell.org.au/liver-conditions/hepatitis-c/>

# HEPATITIS PICTIONARY

Explore liver health and viral hepatitis through creativity.  
Practice your knowledge about viral hepatitis.

## How to win:

- Whoever has the most points at the end of the game wins, or the first team to score 8 points.

## Set up:

- Have a whiteboard and whiteboard markers or a pencil/ marker and paper ready.
- Shuffle the deck of cards (Hepatitis Pictionary cards).
- Split players into 2 to 4 even teams.

## How to play:

- One person from one team will draw a card (without showing anyone) – this person will be the Picturist.
- The Picturist is given one minute to draw what is on their card and for team members to guess what the word is.
- The round ends when the timer runs out or when the word is guessed correctly. Correct guesses earn one point.
- Place the card from the round into the discard pile.
- Repeat steps 1 to 3 with all other teams and rotate the role of the Picturist within the team so that everyone gets to play.

Take a moment to reflect on what the answer was. You can also play this game without scoring points.